THE SEXUAL BEHAVIOR OF THE YOUTH WORKERS FROM
HOTELS AND RESTAURANTS
IN
MYANMAR

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A THESIS SUMITTED IN PARTIAL FULLFILLMENT OF
THE REQUIREMENTS FOR THE DEGREE OF
MASTER OF ARTS
(HEALTH SOCIAL SCIENCE)

With compliments of

IN
FACULTY OF GRADUATE STUDIES
MAHIDOL UNIVERSITY
1996
Thesis Title                          The Sexual Behavior of the Youth Workers from Hotels and Restaurants in Myanmar

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Degree                              Master of Arts (Health Social Science)

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Date of Graduation                  17 May B.E. 2539 (1996)

ABSTRACT

The purpose of the study was aimed to provide an insight of the sexual behavior among youth workers in hotels and restaurants of Yangon in Myanmar. The concepts of the Health Belief Model (HBM) was utilized as the conceptual framework of the study. The objective was targeted to provide useful information in designing appropriate educational intervention strategies for the health planners of the National AIDS Prevention and Control Program of the Ministry of Health. A sample of 300 youth workers (male and female) between the ages of 15-24 years, who worked in hotels and restaurants participated and completed a self administered questionnaires.

The cross-sectional study was aimed to provide a comprehensive response on the sexual behavior of the youth workers towards attitude, knowledge and perception of HIV/AIDS. Furthermore, the study also endeavored to investigate the relationship between knowledge, attitude and perception with sexual behavior. It also attempted to emphasize on issues relating to safe and unsafe sexual behavior and the socio-demographic characteristics among the respondents. The analyzed data indicated that in general respondents were familiar with HIV infection and AIDS. They considered this condition as a major health problem in Myanmar. Although respondents had a fairly accurate understanding of the cause sequences and mode of transmission of HIV infection, a few with misconcepts still existed, and indulged in risky behavior. The results of this study aid to surmise that knowledge and perception alone cannot be considered as influencing factors towards sexual behavior.

Moreover, the findings have stressed the importance to implicate a specific design for educational interventions so as to derive beneficial impact on preventive aspects of sexual behavior practices among the youth in hotels and restaurants which could result to abort unwanted HIV/AIDS transmission.