



เปรียบเทียบแบบแผนชีวิตระหว่างผู้ป่วยความดันโลหิตสูง
และผู้ที่มีความดันโลหิตปกติ

**The Comparative Study of Lifestyle Between
Hypertensive and Normotensive Subjects**

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จาก

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Abstract

This survey research was designed to compare the lifestyle between the hypertensive and normotensive subjects. The total sample consisted of 134 persons ; sixty were essential hypertension and 74 subjects were normotension. The study was conducted at the general out patient clinic of Ramathibodi Hospital. The subjects were asked to complete the lifestyle questionnaires. Which consisted of 6 dimensions (physical, social and environmental, emotional, intellectual, occupational, and religious) by the investigator. The data was analyzed through computer using the SPSS^x program.

The results of the study revealed that the normotensive subjects had significantly higher scores only for physical and intellectual dimensions than the hypertensive subjects. As to demographic variables, it was found that the subjects with younger age, higher education, being male and employees for the government and private cooperation had significantly higher mean scores on physical and intellectual dimensions than those with older age, lower education, being female, and work as an agriculturer or miscellaneous workers. In addition, the mean score on occupational dimension of the subjects who were employees was significantly higher than those who were miscellancons workers.