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STRESS, STRESS' COPING BEHAVIOR AND OTHER PSYCHOSOCIAL FACTORS  
AMONG THE 1992 FOREIGN POSTGRADUATE STUDENTS, AND ITS IMPACT ON  
THE ADMINISTRATIONAL STRUCTURE OF MAHIDOL UNIVERSITY.

INGRID SCHÖRGHUBER

อภินันท์นาการ

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“จิตวิทยาการคลัง สุขุมวิท”

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Name                      Ingrid Schörghuber  
Degree                     Master of Science (Public Health)  
                             major in Public Health Administration

Thesis Supervisory

Committee                Chayada Siripirom, B.Ed., M.A., (Social Science),  
                             Dr.P.H.  
                             Chaweewon Boonshuyar, B.Ed., M.S. (Applied Stat.,  
                             1st Hons.), M.S.P.H. (Bios.)  
                             Piyathida Tridech, B.A. (Acc.), M.P.H., Dr.P.H.

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ABSTRACT

This crosssectional research was made to determine the stress level, coping behavior regarding stress and other psychosocial factors of international postgraduate students at Mahidol University, registered in 1992. Seventythree students were included into the study.

In the current research, 73 students were tested regarding their stress level. An average stress score among the foreign postgraduate students was calculated and compared to the characteristics of the students. Significant results were found between stress level and length of stay, as well as stress level and duration of studies.

Other average scores were calculated as well: for health behavior, social support, university structure and locus of control. These scores were used to find relations, associations or differences to the characteristics of the students.

The health average score was significantly related to age, elder students experience more stress than younger ones, and the length of stay in Thailand. The time, a student stayed in Thailand during his studies showed significant outcome in terms of locus of control, university structure and health behavior.

The duration of studies, showed further significant results in terms of university structure and social support and is therefore an indicator for stress. Locus of control of an individual showed a relation to religious beliefs of foreign postgraduate students at a significant level.

In answer to the objectives of this research, the possible reasons for a foreign postgraduate student to go abroad were searched for, and found as a need to learn more.