THE RELATIONSHIPS OF WORKING MOTIVATION, HARDY PERSONALITY, SOCIAL SUPPORT, AND PSYCHOLOGICAL DISTRESS AMONG NURSES WORKING IN SOC TRANG GENERAL HOSPITAL, VIETNAM

QUACH NGOC HUE

A THESIS SUBMITTED IN PARTIAL FULFILLMENT OF THE REQUIREMENT FOR THE DEGREE OF MASTER OF ARTS (HEALTH SOCIAL SCIENCE) FACULTY OF GRADUATE STUDIES MAHIDOL UNIVERSITY 2013

COPYRIGHT OF MAHIDOL UNIVERSITY
THE RELATIONSHIPS OF WORKING MOTIVATION, HARDY PERSONALITY, SOCIAL SUPPORT, AND PSYCHOLOGICAL DISTRESS AMONG NURSES WORKING IN SOC TRANG GENERAL HOSPITAL IN VIETNAM

QUACH NGOC HUE 5438161 SHHS/M

M.A.(HEALTH SOCIAL SCIENCE)

THESIS ADVISORY COMMITTEE: SUREE KANJANAWONG, Ph.D., DARUNEE PHUKAO, Ph.D., NATTHANI MEEMON, Ph.D.

ABSTRACT

The study concerns psychological aspects of nurses. The purpose is to examine the relationship between working motivation, hardy personality, social support, and psychological distress. Data were collected from 209 registered-nurses in 16 units in Soc Trang Hospital in Vietnam, 2012 using a quantitative method. A self-administrated questionnaire was used in this study. One part consisted of items about demographics, the other items concerning psychological aspects including general questionnaire, on working motivation, hardy personality, and social support.

The finding, indicating that the nurses got the psychological distress, is high at 45% while working motivation, hardy personality, and social support are low at 41.6% (working motivation), 49.3% (commitment), 66.5% (control), and 40.2% (social support) respectively. However, the challenge of hardy personality is high at 30.2%. It also showed three factors could predict the level of psychological distress in the nurses is 29.3%. The working motivation is the most important factor relevant to psychological distress levels.

These findings reinforce the relevance of intervening in the organizational structure to increase control upon jobs and adjust the levels of psychological demands.

KEY WORDS: PSYCHOLOGICAL DISTRESS / WORKING MOTIVATION / HARDY PERSONALITY / SOCIAL SUPPORT

113 pages