

**THE ROLE OF CBCT FOR PREOPERATIVE EVALUATION OF  
MANDIBULAR THIRD MOLAR SURGERY: THE CASE OF  
NERVE APPROXIMATION**



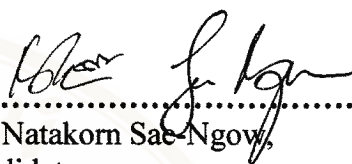
**NATAKORN SAE-NGOW**

**A THESIS SUBMITTED IN PARTIAL FULFILLMENT  
OF THE REQUIREMENTS FOR  
THE DEGREE OF MASTER OF SCIENCE (DENTISTRY)  
FACULTY OF GRADUATE STUDIES  
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2011**


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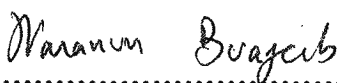
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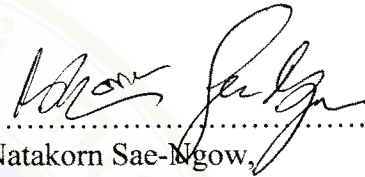
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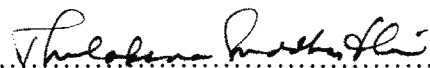
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NATAKORN SAE-NGOW

**THE ROLE OF CBCT FOR PREOPERATIVE EVALUATION OF MANDIBULAR THIRD MOLAR SURGERY: THE CASE OF NERVE APPROXIMATION**

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**ABSTRACT**

This study aimed to compare the accuracy of CBCT and panoramic radiographs in predicting the relationship between the inferior alveolar nerve and the mandibular third molar with the clinical outcome, neurovascular bundle exposure. In the cases where exposure was detected and found to be injured, neurosensory conditions were followed by up to 6 months healing time. Methods: This prospective clinical trial was conducted in patients registered with the department of oral and maxillofacial surgery for the surgical removal of their mandibular third molar between June 2010 to Feb 2011. The collected data included demographic data, panoramic radiographs, CBCT, intra-operative data, and post-operative neurosensory status. Statistical methods were done to detect the significant variables, and to compare the accuracy of CBCT and panoramic radiographs. Results: 84 impacted teeth from 58 patients were removed during this study. Neurovascular bundle exposure was found in 29 teeth and injury occurred in 4 teeth. A significant panoramic sign was the darkening of the root ( $p=0.041$ ). Conclusion: Although the CBCT image was no more accurate than the panoramic radiograph in predicting neurovascular bundle exposure, it's valuable for the 3D relationship that takes advantage of revealing the bucco-lingual position of the IAC relative to the mandibular third molar, so that the surgeon can be aware of possible complications.

**KEY WORDS: CBCT / THIRD MOLAR SURGERY / INFERIOR ALVEOLAR  
NERVE INJURY / NEUROVASCULAR BUNDLE EXPOSURE**

61 pages

การใช้เครื่องถ่ายภาพรังสี 3 มิติแบบโคนบีมสำหรับการประเมินตำแหน่งของฟันกรามล่างซี่ที่ 3 ใน  
ขากรรไกรล่าง: ในผู้ป่วยที่ฟันมีความสัมพันธ์ใกล้ชิดกับเส้นประสาทในขากรรไกรล่าง

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MOLAR SURGERY: THE CASE OF NERVE APPROXIMATION

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บทคัดย่อ

การศึกษานี้มีจุดมุ่งหมายเพื่อเปรียบเทียบความแม่นยำในการทำนายความสัมพันธ์ระหว่าง  
เส้นประสาทอินฟีเรียอัลวิโอลาร์กับฟันกรามล่างซี่ที่สาม ในภาพรังสี 2 ชนิด คือภาพรังสีพาโนรามิก  
และภาพรังสีคอมพิวเตอร์แบบโคนบีม โดยเปรียบเทียบกับผลทางคลินิกคือ การเผยตัวของมัด  
เส้นประสาทร่วมหลอดเลือด ซึ่งในกรณีที่เกิดการเผยตัวของมัดเส้นประสาทร่วมหลอดเลือดร่วมกับการ  
รับความรู้สึกของผู้ป่วยบริเวณขากรรไกรล่างผิดไปผู้ป่วยจะได้รับการรักษาที่เหมาะสมและติดตามผล  
เป็นเวลา 6 เดือน การศึกษานี้ทำในฟันกรามล่างซี่ที่สามจำนวน 84 ซี่ จากผู้ป่วย 54 ราย ในเดือนมิถุนายน  
พ.ศ. 2553 ถึงเดือนกุมภาพันธ์ พ.ศ. 2554 มีการเก็บข้อมูลทางประชากรศาสตร์ ข้อมูลภาพรังสี และข้อมูล  
ทางคลินิก โดยพบการเผยตัวของมัดเส้นประสาทร่วมหลอดเลือดจำนวน 29 ซี่ ในจำนวนนี้พบปัญหา  
การบาดเจ็บของเส้นประสาทอินฟีเรียอัลวิโอลาร์จำนวน 4 ซี่ และ darkening of the root เป็นลักษณะทาง  
ภาพรังสีพาโนรามิกที่แสดงความสัมพันธ์อย่างมีนัยสำคัญทางสถิติกับผลทางคลินิก( $p=0.041$ ) กล่าวโดย  
สรุปแม้ภาพรังสีคอมพิวเตอร์แบบโคนบีมจะไม่แม่นยำกว่าภาพรังสีพาโนรามิกในการทำนายผลทาง  
คลินิก คุณค่าของภาพรังสีคอมพิวเตอร์แบบโคนบีมในการแสดงความสัมพันธ์ แบบ 3  
มิติที่ทำให้ทราบตำแหน่งท่อเส้นประสาทร่วมหลอดเลือดอินฟีเรียอัลวิโอลาร์ ในแนวใกล้แก้ม-ใกล้ลิ้น ก็  
ยังคงมีความสำคัญต่อผู้ทำการผ่าตัดในการหลีกเลี่ยงปัญหาแทรกซ้อนที่อาจเกิดขึ้น

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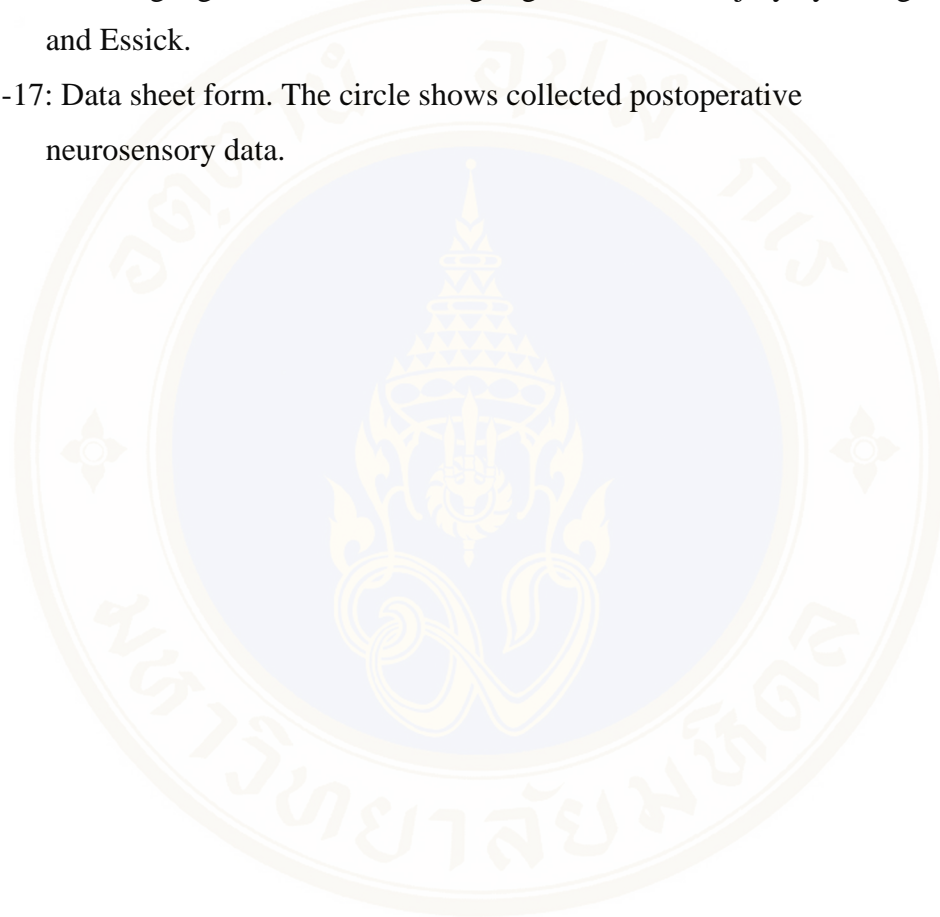
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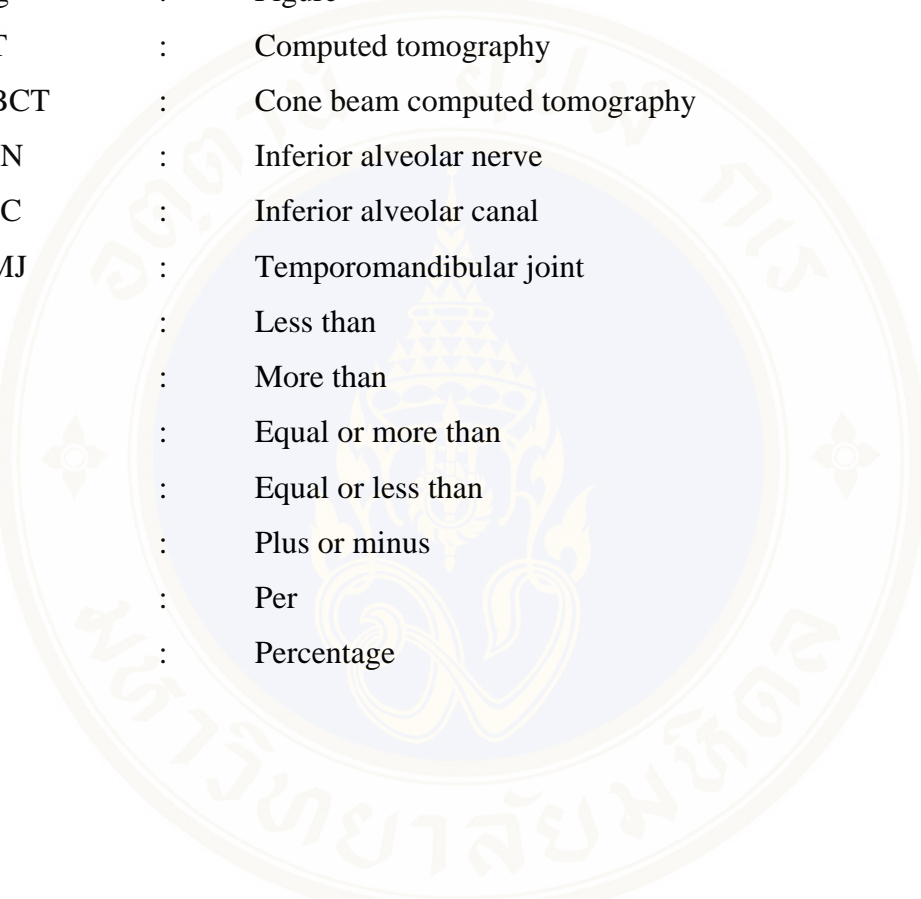


Fig	:	Figure
CT	:	Computed tomography
CBCT	:	Cone beam computed tomography
IAN	:	Inferior alveolar nerve
IAC	:	Inferior alveolar canal
TMJ	:	Temporomandibular joint
<	:	Less than
>	:	More than
$\geq$	:	Equal or more than
$\leq$	:	Equal or less than
$\pm$	:	Plus or minus
/	:	Per
%	:	Percentage

# CHAPTER I

## INTRODUCTION

### 1.1 Background and rationale

In the past, dental caries would lead to only simple restoration or extraction of that problemed tooth and left the patients with residual ridge. But at present, dental profession is advanced far from the former times. Many technologies have been utilized to manage pathological conditions, preserve the structures, and restore functions. Even though some pathologies are hopeless, the replacement technologies, in other words renewal can be made somehow in some cases so the patients can function normally. Although advanced technologies are developed to create the good quality of life through stage of the art investigation for early detection of diseases, disease prevention and less of diseases, some problems still exists; such as developmental deformities and malformation such as tooth-size dental arch discrepancies and mal-position which leads to tooth impaction.

Regarding to MacGregor A.J. in 1985 (1), they found only few tooth impaction in the past, compared to now a days, particularly mandibular third molar. The most common candidate to impaction are mandibular third molar, maxillary third molar, maxillary cuspid, mandibular cuspid, mandibular bicuspid, maxillary bicuspid, and maxillary incisors, relatively. The etiology of impaction were probably thought of the diet as one of predisposing factor (1, 2, 3) and an increasing of brain size at the expense of jaw size result in there is no longer space to be the house of 32 teeth (1, 4). Many research claimed all wisdom teeth should be extracted (5, 6) because they might be causing problems so prophylactic removal should be considered. For our trend in Thailand, the case of fully bony impaction of mandibular third molar without any clinical symptoms, long term follow up guarding for any related pathology without surgical option should be considered as a primary strategy. Whereas the surgical treatment inevitably holds for partially erupted tooth in which some area of tooth

intraorally exposes and risks to adverse consequences. This study only focused on preoperative imaging in risky situation of mandibular third molar surgery.

One of the most common dental surgical procedures is “mandibular third molar surgery”. It is a minor surgery that aim for one of these conditions : pericoronitis prevention or treatment, management for exclusion of unexplained pain, prevention of caries and root resorption of adjacent teeth, orthodontic considerations, teeth under dental prosthesis, crowding of mandibular incisors, prevention of jaw fracture, obstruction of orthodontic treatment, systemic health considerations, prevention of odontogenic cysts and tumors, economic considerations, periodontal disease, and preparation for orthognathic surgery (7).

In Thailand, surgical removal of mandibular third molar has been taught in the under-graduation level, so general practitioners can perform the operation on self-selected cases. Most of mandibular third molar surgeries are performed without intraoperative or postoperative difficulties. With proper planning, risks and imponderables discussion should be applied preoperatively. But sometimes even we do a common procedure, some complications cannot be avoided.

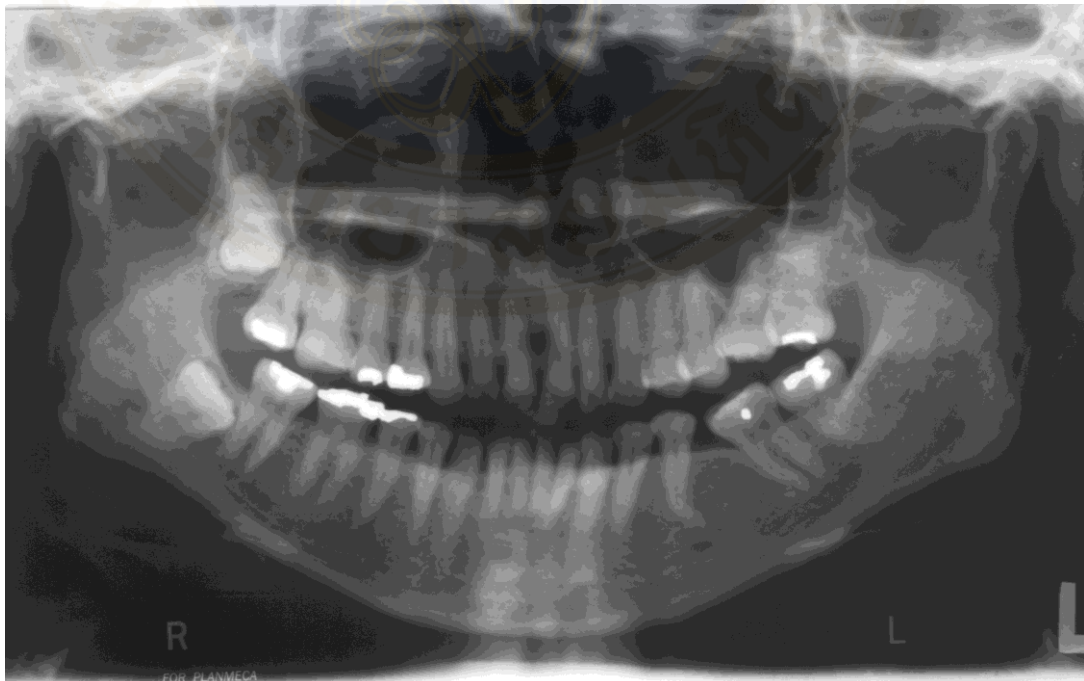


Fig. 1-1: This panoramic radiograph shows #48 complete bony class I position C vertical angulation impacted tooth with superimposition to inferior alveolar canal in middle one-third level of tooth root.

The postoperative complications of mandibular third molar surgery are localized alveolar osteitis, infection, bleeding or hemorrhage, mandibular fracture, damage to adjacent teeth, iatrogenic displacement of third molar, TMJ complications, and neurosensory disturbance (7). Neurosensory disturbance is one of the most annoying common complications, the incidence of this condition may be related to multiple factors: proximity of the tooth to the inferior alveolar canal, angulation of the impacted teeth, position of patients, anesthetic modality and most of all surgeon experiences (8).

Because it is known that direct contact between inferior alveolar nerve and the tooth root will increase the risk of nerve dysesthesia (9, 10) so preoperative radiographic examination plays an important role in preoperative assessment of the position and establishment of the relationship between the third molar and the inferior alveolar canal. Preoperative informative imaging has a great benefit in planning the manner of how the surgeon conducts the operation, predicting the postoperative occurrence of sensory impairment and emphasizing prevention. Gold standard diagnostic tool for this purpose has been the panoramic radiographs compared to routine standard periapical film. Many researchers have reported features that suggested for proximity between the two structures. Rood JP et al. (11) described a group of panoramic features that indicate close relationship. Those features are as followed; diversion of the inferior alveolar canal, darkening of the root, interruption of the white line, narrowing of the root, deflected root, narrowing of the canal, and dark and bifid root . Rood also analyzed and reported that the first three panoramic features were significantly related to inferior alveolar nerve injury following third molar extraction. Sedaghatfar et al. (12) also reported that the first four features were significantly associated with inferior alveolar nerve exposure following extraction.

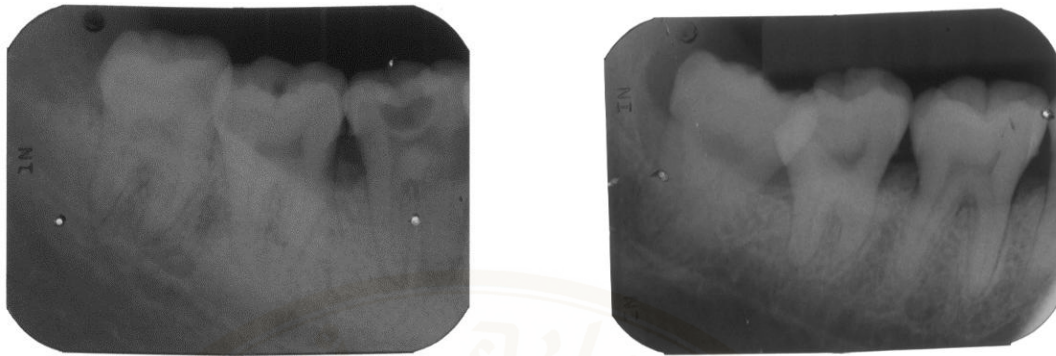


Fig. 1-2: These periapical films show #48 tooth with superimposition to inferior alveolar canal. The root tips are dark when inferior alveolar canal pass through.

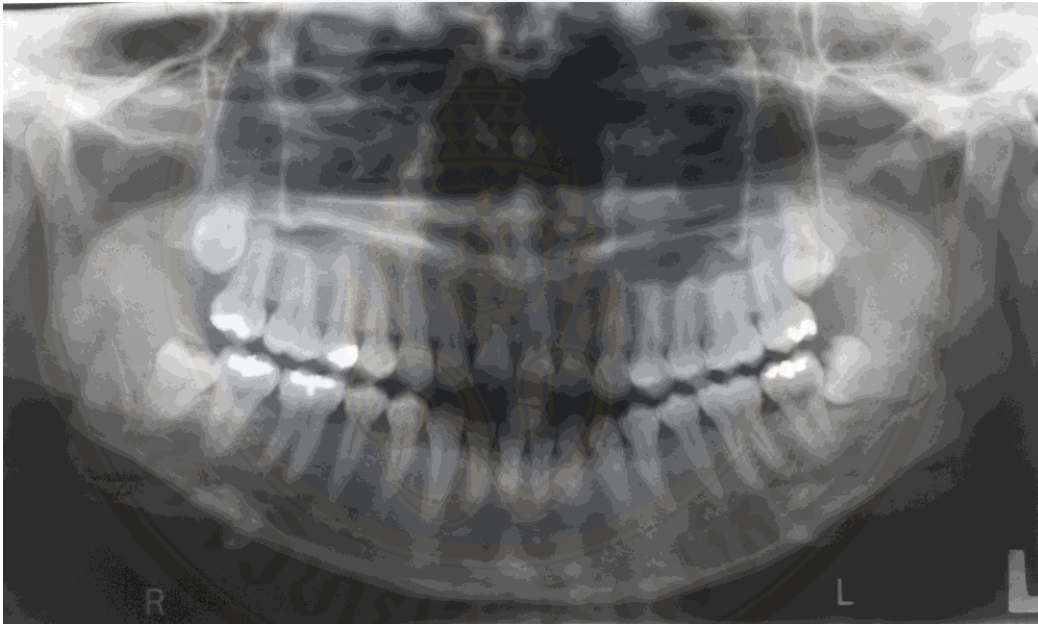


Fig. 1-3: This panoramic radiograph shows, this 26 years old woman has 4 impacted teeth including their relationship to adjacent structures.

When panoramic image suggests close relationship between inferior alveolar nerve and the tooth root, surgeon should inform patients the risk of nerve dysesthesia and request for additional investigation.

Computed tomography (CT) is the most common devices used in medical field for times, to identify the size, position and relationship of structures or suspected area in 3 dimensions. Using CT may be recommended to verify and demonstrate three-dimensional relationship between the two structures, so the surgeon can perform the surgery with minimal risks. Exposure of the inferior alveolar nerve following third molar

surgery occasionally might be an evidence of possible perioperative encounter and unavoidable nerve trauma. Tay AB et al. (13) reported that the incidence of nerve injury in such cases was approximately 20%. However, obvious drawbacks of CT compared with panoramic radiograph are the higher radiation dose with additional expense.

Cone Beam Computed Tomography (CBCT) is a recent technology developed from conventional CT for many purposes mainly in dental field. CBCT, together with its advantages; reduction of the radiation dose and cheaper costs from medical CT is the most suitable devices for our investigation to identify the relationship between inferior alveolar nerve and mandibular third molar.

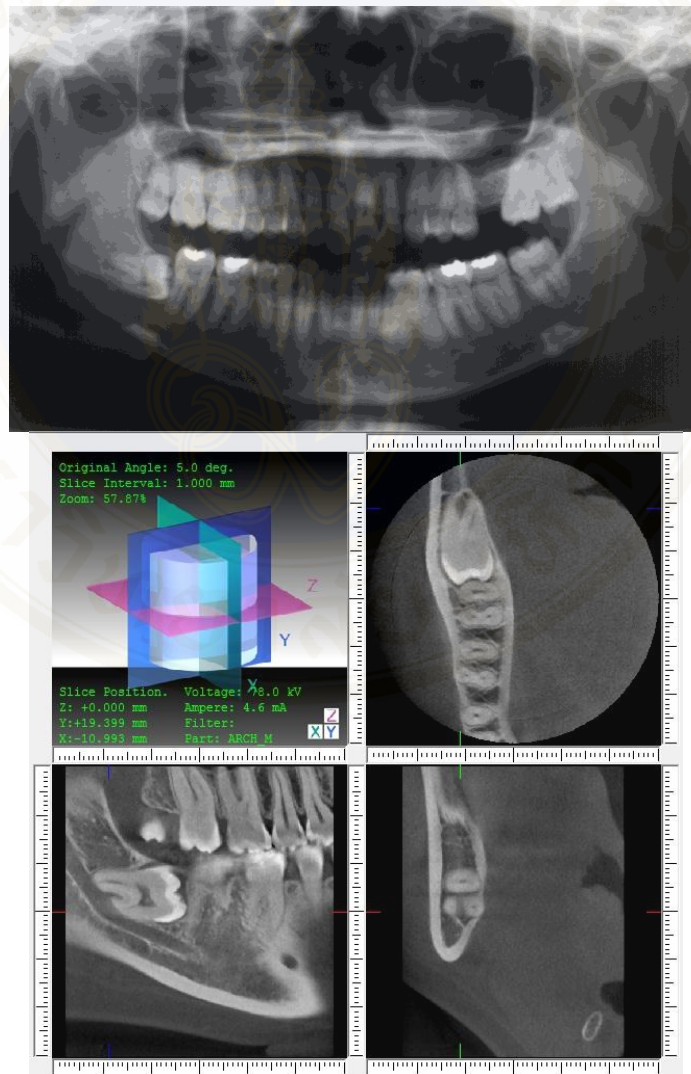


Fig. 1-4:CBCT images of #48 impacted tooth by 3D Accuitomo by J. Morita Mfg. Corp. In coronal view shows inferior alveolar canal is in the middle of #48 root, while the panoramic radiograph shows superimposition between the two structures.

Therefore, optimal preoperative imaging can help in predicting for neurosensory disturbance especially following mandibular third molar surgery. Clinicians should keep in mind about preoperative assessment and gather maximum information in order to minimized postoperative unfavorable outcome that can be avoided or eliminated.

The purpose of this study is to evaluate diagnostic accuracy of cone beam CT in predicting inferior alveolar nerve exposure following mandibular third molar surgery compared with conventional panoramic radiographs and the neurosensory conditions subsequent to surgery.

## 1.2 Objectives

1.2.1 To compare the accuracy of CBCT and panoramic radiographs in predicting the relationship between inferior alveolar nerve and mandibular third molar

1.2.2 To evaluate diagnostic accuracy of CBCT in predicting neurovascular bundle exposure following mandibular third molar surgery

1.2.3 To evaluate neurosensory conditions from immediate postoperative period to 6 months healing time, in neurosensory disturbance cases

## 1.3 Hypotheses

1.3.1 The accuracy in predicting relationship between inferior alveolar nerve and the tooth root

$H_0$  :  $x_1$  no association to  $x_2$

$H_1$  :  $x_1$  association to  $x_2$

$x_1$  : Prediction variable

$x_2$  : Outcome variable

1.3.2 CBCT images have high accuracy in predicting neurovascular bundle exposure following mandibular third molar surgery

1.3.3 When neurosensory impairment occur, none of cases are permanent

#### **1.4 Scope of this study**

This study is conducted in subjects who have to remove mandibular third molar which was identified by Rood's criteria signs in panoramic radiographs that had closed-relationship between inferior alveolar canal and mandibular third molar at oral and maxillofacial surgery department, faculty of dentistry, Mahidol University.

#### **1.5 Benefits of study**

Neurosensory disturbance is one of the most common complications that can be occurred if the surgeon is not pay attention to carry on the procedure. Sometimes it cannot be avoided in case that had an intimate relationship between inferior alveolar canal and the tooth root, preoperative assessment with proper imaging procedure is basis that is very helpful information for both surgeon and patient to decrease complications and prevent unsatisfied conditions. CBCT images have higher privilege to show exactly position of both inferior alveolar canal and mandibular third molar that we can inform patients about the risk of nerve impairment and set up the appropriate treatment planning; how we remove the tooth, how many pieces of the tooth should be splited, which way we can apply force to extract the tooth or not, and should we prepare any hemostasis material. Because even the standard protocol is usually careful procedure, but if we know what is the exactly position of these 2 structures, it will be better than.

## **CHAPTER II**

### **LITERATURE REVIEWS**

- 1. Review preoperative radiographic techniques**
- 2. Review of cone beam computed tomography**

#### **1. Review preoperative radiographic techniques**

After weeks of the discovery in 1895 by Roentgen, the x-ray for radiological examination has been used in dental radiology. It was first used for intraoral radiography, then extraoral imaging; the panoramic radiography and the cephalometric radiography were used in the 1950s to early 1960s (14).

The mandibular third molar surgery is now a common procedure in dental practice. Most of surgeries are performed with little or no risk of difficulties. However, there is some situations such as a close relationship between mandibular third molar and inferior alveolar canal or lingual plate, in which damage to adjacent structures such as inferior alveolar nerve (15, 16, 19) or lingual nerve (17, 18, 19) may occur and leave patients with suffering. Therefore, preoperative evaluation with radiography of mandibular third molar takes an essential part of preoperative examination.

In recent decades the development of CT, MRI, nuclear medicine, and ultrasonography has a major part in diagnostic procedure. CT is the technology of x-ray-based imaging that produces 3D images. The conventional CT is mainly used in medical purposes, so it may call medical CT. For three decades we are now present the newer technology developed from CT and used primarily in Oral and Maxillofacial region that is called CBCT. The application of CBCT in dentistry provides great benefits that will be well-described in the next content. This review provides an overview of preoperative radiographic imaging currently use before mandibular third molar surgeries are performed underlying each of these technologies.

## **Current radiographic techniques for mandibular third molar evaluation**

### **1. Intraoral radiography**

It is the most common method to evaluate any hard tissues, in this case mandibular third molars. This technique should be available to all dentists and accessible in any dental facilities. However, this technique has a few of scientific documentation on observation the periodontal status compare preoperative to postoperative examination of mandibular third molar (20, 21).

Normally intraoral radiographs are two-dimensional images of three-dimensional structures, superimposition and indistinctness of objects can occur especially when the films reveal superimposition of mandibular third molar and inferior alveolar canal.

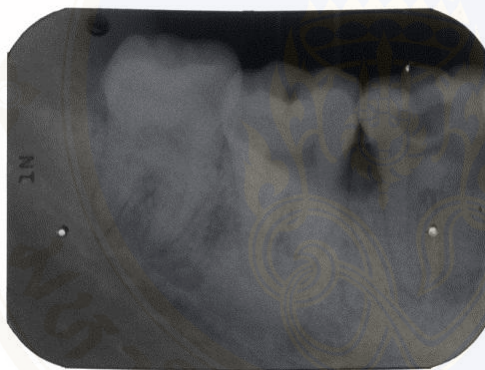


Fig. 2-1: This periapical film shows #48 tooth with superimposition to inferior alveolar canal.

Using a parallax technique (22, 23), known as the shift tube technique the anatomical relationship between different structures can be determined. But limitation of this technique still exists due to the cooperation by patient, difficulty in placing film in the mouth, direction for an appropriate x-ray beam, and the most important how to identify the exact point reference between two structures are the causes that will be an obstacle of clear diagnosis.

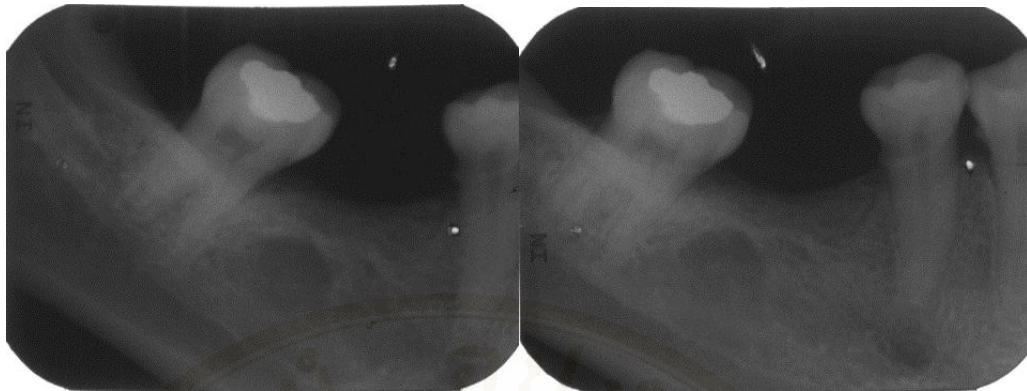


Fig. 2-2: These two periapical films show parallax technique to localize position of inferior alveolar canal to #48 root.

## 2. Panoramic radiography

It is a technique for producing a single image of both jaws, which provides an overview of oral hard tissue, including teeth, foreign bodies, any pathologies that make bone density change; cysts or tumors, and conditions within the jaws. This technique gives great information on the position of the inferior alveolar canal in the vertical plane but it has a limitation on giving an information of position of the canal in horizontal direction (10). Besides, even the fact that the focal trough is thick enough to see the full thickness of both maxilla and mandible (24), the presence of ghost images (Fig. 2-5), an unpredictable magnification and distortion image can be found if the position of patients is outside the focal through (25). So lingual position of patient will be projected upwards and reduced the accuracy of the assessment, in this case, the inferior alveolar canal by torus mandibularis or sialoliths (Fig. 2-4). The assessment of the canal in the vertical direction is unsteady because the technique produces a sharp image layer of limited width, small errors may prevent visualization of the inferior alveolar canal and obscure the view of fine details such as root anatomy.

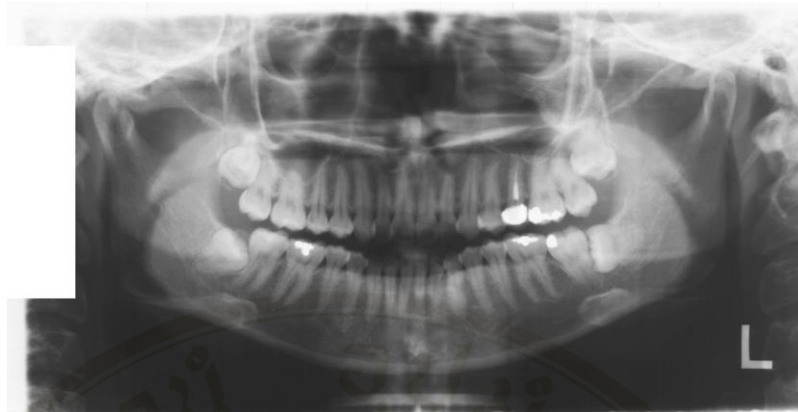


Fig. 2-3: This picture represents the good quality of panoramic image including symmetry of structures in the midline. The position of the mandible is in the focal trough, so the panoramic image will be sharp.



Fig. 2-4: This picture represents the panoramic image of the patient that is not positioned correctly, and the anterior teeth are in front of the focal trough. The teeth appear blurred due to being out of focus and are thin. The spinal column may also be superimposed over the ramus of the mandible.



Fig. 2-5: This picture represents the panoramic image of the patient in a slumped position. The ghost images of the cervical spine are overlapped onto the anterior teeth.

### **3. Posteroanterior (PA) open mouth radiography (26)**

This technique is usually valuable for determination of both the relationship between teeth and inferior alveolar canal as well as the inclination of the mandibular third molar in the bucco-lingual direction. In case that other conventional techniques fail to reveal the relationship between tooth root and inferior alveolar canal in the bucco-lingual position, this imaging can be applied.

In our experienced, unfortunately we have not used this technique for localization the mandibular third molar position.

### **4. Cone beam computed tomography (CBCT)**

Detail of this technique and rational is described in next content.

Other technologies such as conventional tomography, conventional computed tomography, MRI, nuclear medicine, and ultrasonography is not currently a routine examination for the operation of mandibular third molar, so its role in preoperative imaging before surgery remains obscure.

This is a guideline from Flygare L and Ohman A in 2008 (26) with modification by our experienced for preoperative imaging of mandibular third molar surgery currently using in Thailand.

#### **A strategy for preoperative evaluation before mandibular third molar surgery:**

1. Intraoral radiographs (bisecting or parallel technique with periapical film) or panoramic radiograph is sufficient in almost cases, especially if there is no superimposition of the tooth roots and inferior alveolar canal.

2. If the relationship between mandibular third molar and inferior alveolar canal cannot be readily interpreted from the plain films alone, supplement with CBCT or low-dose CT for 3-D relationship are recommended (27).

## **2. Review of cone beam computed tomography**

Cone Beam Computed Tomography (CBCT), also known as Cone Beam Volumetric Imaging (CBVI) or Cone Beam Volumetric Tomography (CBVT), is a recent technology that provides 3D radiographic images of structures with accuracy and submillimeter resolution (28). Those images are accomplished by using “one” rotating gantry to which an x-ray source and detector synchronously move around the patient’s head, which is stabilized with a head holder. A cone-shaped x-ray beam is directly pointed through the middle of area of interest onto an area detector at the opposite side. During a complete or sometimes partial rotation, multiple sequential planar projection images of the field of view (FOV) are acquired. Because CBCT exposure incorporates the entire FOV, only one rotation is required for data image reconstruction.

### **History of CBCT development**

In 1982, cone beam computed tomography was first developed from conventional computed tomography originally for angiographic purpose at Mayo clinic (29), based on the principle of Dynamic Spatial Reconstructor (DSR). Clinical application of this device at that time was for the examination of blood vessels in many key areas of the body, including brain, kidneys, pelvis, legs, lungs, heart, and neck.

Then in 1984, Feldkamp, Davis, and Kress (30) used filtered-back projection for three-dimensional image reconstruction from cone-beam (CB) projections.

Saint-Felix D et al. in 1994 (31), developed a CTA CBCT system based on the gantry of a conventional CT scanner which reconstructs vasculature from a set of digitally subtracted angiography (DSA) images.

Cho PS et al. in 1995 (32), used cone beam CT for radiotherapy applications.

Kawata Y et al. in 1996 (33), also developed CBCT CTA system for disease detection.

Schueler BA et al. in 1997 (34), developed CBCT CTA scanner based on a biplanar C-arm system.

Fahrig R et al. (35) developed CBCT system based on an image intensifier and C-arm for use in angiographic purpose.

Jaffray DA and Siewerdsen JH (36, 37, 38) developed CBCT system for radiotherapy guidance based on an amorphous silicon(a-Si:H) flat-panel detector.

Wincent K et al. (39) also developed a C-arm plus image intensifier system for interventional angiography.

Ning R et al. in 2000 (40), developed CBCT angiography imager based on GE 8800 CT scanner with an image intensifier - CCD chain and later with a flat-panel detector. Then in 2001 (41) they developed CBCT-based imaging systems for mammography.

Zhong J et al. (42) developed the wavelet-based denoising algorithm possesses to improve the detectability of small breast tumors by the real-time flat panel detector-based cone-beam computed tomography (CBCT).

Yu H et al. (43) developed a backprojection-filtration algorithm for nonstandard spiral cone-beam CT to create general exact images.

Kyriakou Y et al. (44) used the effect of the z-flying focal spot (zFFS) technology to generate 3-D images in 64-slice spiral cone-beam computed tomography (CT) scanner.

Schäfer D et al. (45) used the correct motion field with the motion-compensated reconstruction to generate the reconstructed images with cone beam CT.

Currently, many commercial systems are available commercially, through 2011 there are many different CBCT devices (46) as shown in table 2-1.

**Table. 2-1:**List of current CBCT devices

Model	Manufacturer	Max. FOV (HxW) (cm)	Min. Voxel (mm)	2D Options
Next Generation (Platinum) i-CAT	Imaging Sciences International	17x23	0.125	Pano
Classic i-CAT	Imaging Sciences International	16x22	0.2	No
NewTom 3G	ImageWorks	20x20x20	0.2	No
CB MercuRay	Hitachi Medical	20x20x20	0.2	No

<b>Model</b>	<b>Manufacturer</b>	<b>Max. FOV (HxW) (cm)</b>	<b>Min. Voxel (mm)</b>	<b>2D Options</b>
Quolis Alphard 3030	Asahi Roentgen (Belmont)	18x20	0.125	No
3D eXam	KaVo	17x23	0.125	No
Kodak 9500	Kodak Dental Systems	18x21	0.2	No
ProMax 3D Max	Planmeca	17x22	0.125	No
Master 3DS	VATECH	19X20	0.164	No
PaX-Zenith3D	VATECH	19x24	0.08	Pano
NewTom 9000	Aperio Services	15x15x15	0.3	No
NewTom VGi	ImageWorks	15x15	0.075	No
NewTom VGi Flex	ImageWorks	15x15	0.15	No
Galileos Compact	Sirona	12x15x15	0.3	No
Galileos Comfort	Sirona	15x15x15	0.15	No
Scanora 3D	Soredex	7.5x14.5	0.133	Pano
SkyView	MyRay	15x15x15	0.16	No
GXCB-500	Gendex	8x14	0.125	No
GXCB-500 HD	Gendex	8x14	0.125	Yes

<b>Model</b>	<b>Manufacturer</b>	<b>Max. FOV (HxW) (cm)</b>	<b>Min. Voxel (mm)</b>	<b>2D Options</b>
MiniCAT	Xoran Technologies	12x17	0.2	No
Picasso-Trio	VATECH	7x12	0.2	Pano/Ceph
PaX-Duo3D	VATECH	12x8.5	0.08	Pano
Iluma	IMTEC (3M)	14X21	0.09	No
xCAT ENT	Xoran Technologies	14x24	0.4	No
PaX-Reve3D	VATECH	15x15	0.08	Pano/Ceph
3D Accuitomo 170	J. Morita	12x17	0.08	No
ProMax 3D	Planmeca	8x8	0.16	Pano/Ceph
PreXion 3D	PreXion, Inc.	8x7.5	0.1	No
AUGE ZIO	Asahi Roentgen	7x8	0.125	Pano/Ceph
9000 3D	Kodak Dental Systems	4x5	0.076	Pano
9000 3DC	Kodak Dental Systems	4x5	0.076	Pano/Ceph
PaX-500ECT	VATECH	5x5	0.186	Pano/Ceph
PaX-Uni3D	VATECH	5x8	0.08	Pano/Ceph
PaX-Flex3D	VATECH	5x8	0.12	Pano/(Ceph)

<b>Model</b>	<b>Manufacturer</b>	<b>Max. FOV (HxW) (cm)</b>	<b>Min. Voxel (mm)</b>	<b>2D Options</b>
CB Throne	Hitachi Medical	10x10x10	0.125	No
3D Accuitomo	J. Morita	3x4	0.125	No
3D Accuitomo FPD	J. Morita	6x6	0.125	No
3D Accuitomo 80	J. Morita	8x8	0.08	NO
Veraviewepocs 3D 40	J. Morita	4x8	0.125	Pano/Ceph
Veraviewepocs 3D 80	J. Morita	8x8	0.125	Pano/Ceph
Veraviewepocs 3De	J. Morita	4x8	0.125	Pano/Ceph
Suni3D	Suni Medical Imaging	5x8	0.2	Pano/Ceph
ORION RCB-888	Ritter Imaging	8.5x8.5	0.1	No
Finecube XP62	Yoshida	7.5x8.1	0.1	No

Although CBCT has been used for medical purpose for almost three decades, its true potential has not been yet fully tapped. Only recently has it become possible to develop CBCT clinical systems that are both 3-5 times less expensive than conventional ones and the size of the machines has been upgraded to be small enough to be used in the OR, medical offices, emergency rooms, and intensive care units. Besides these, CBCT can give us more accurate images of hard tissue structures than medical CT (28) due to isotropic voxels itself while being significantly reduced dose up to 98% compared with conventional fan-beam CT systems (47, 48, 49, 50).

**Four important technological factors that converged CBCT to be more effective and capable for many clinical investigation in variety of disease situations are**

1. Compact and high-quality flat-panel detector arrays
2. X-ray tubes necessary for cone-beam scanning
3. Focusing on head and neck scanning only
4. The computer power necessary for cone-beam image reconstruction

The detector arrays must be able to detect photons and send the signal to the computer, then be ready for the next cycle many of times within “one” single rotation synchronously move of an x-ray source and detector. The scan time is usually equivalent to or less than, the panoramic radiography (10 to 30 seconds) due to one rotation of gantry. Detectors were initially developed by using scintillation screens, image intensifiers (II), and charge-coupled device (CCD). Some limitations and disadvantages related to the image intensifier systems may create geometric distortions that must be addressed in the data processing software. Recently, high-resolution, flat-panel detectors are available which are composed of a screen of scintillator crystals grown onto a matrix of photodiodes embedded in a solid-state amorphous silicon (aSi:H) or selenium layer. They detect photons indirectly by means of a scintillator. The detectors will convert photons into visible light that is subsequently registered into the photo diode array where the signal-intensity charge is stored. The advantage of flat-panel detectors are less complicated, greater dynamic range and reduced peripheral distortion compare with the initial devices, however the

new devices require a slightly greater radiation exposure. The other limitations of flat-panel detectors are related to linearity of response to the radiation spectrum, uniformity of response throughout the detector and bad pixels (51, 52).

The source of radiation comes from cone beam shaped, currently using a continuous x-ray beam of radiation during the rotation and allow the detector to gather the attenuated beam. Accuitomo, CB Mercuray, Iluma Ultra Cone, and PreXion 3D provide this method. However, CBCT images are not generated from all continuous beams, so the patient receives unnecessary greater exposure. The next generation of radiation source is “pulsed x-ray beam” such as; NewTom, that can be coincided while the detector gathering photon. The aim of this technology is to reduce patient radiation dose considerably and make all radiation beam to be reasonable to what patients should get (53).

Posture of patient, at present CBCT devices can scan patients in three possible positions:

1. Sitting
2. Standing
3. Supine

Seated units seem to be the most comfortable; however, they may not allow scanning of disabled or wheelchair-bounded patients. While standed units may not be able to be adjusted the height to fit wheelchair-bounded patients, and machines that require the patients to lie supine position usually take a large area may not be able for disabled patients.

More important of any patients' position is the way to fix the patients' head while the machines are scanning. Because of any displacement can cause distortion.

During the scan rotation, certain degree intervals of radiation to area of interest provide 2D projection images, which are called “basis” or “raw” images. The complete series of images is referred to the “projection data”. More projection data provide greater spatial and contrast resolution due to the more information. However

the number of basis images should be considered under the “ALARA” (as low as reasonably achievable) principle only to produce CBCT image as sufficient for diagnostic purpose. As more projection data cause longer scan time, higher radiation dose and longer primary reconstruction time.

Cone-beam images are reconstructed by gathering data from several hundred dimensionally accurate isotropic voxels (53, 28, 54) of the patient from different positions around a scan rotation. Then data are immediately transferred to the computer and reconstructed the volumetric data set. The amount of individual projection frames may be from 100 to more than 600. So the reconstruction is computationally complex. In contrast with conventional CT, cone beam CT systems are performed by simple personal computer rather than workstations. Image reconstruction consists of 2 processes: acquisition process and reconstruction process, each process composed of many steps (Fig. 2-6). Once reconstruction is done, multiplanar viewing of the anatomical volume is accomplished with imaging software and presented to the clinician on screen as secondary reconstructed images in 3 orthogonal planes (axial, sagittal and coronal). Volume data can save in a “DICOM” (Digital Imaging and Communication in Medicine) file format to facilitate sharing data between any other imaging related services.

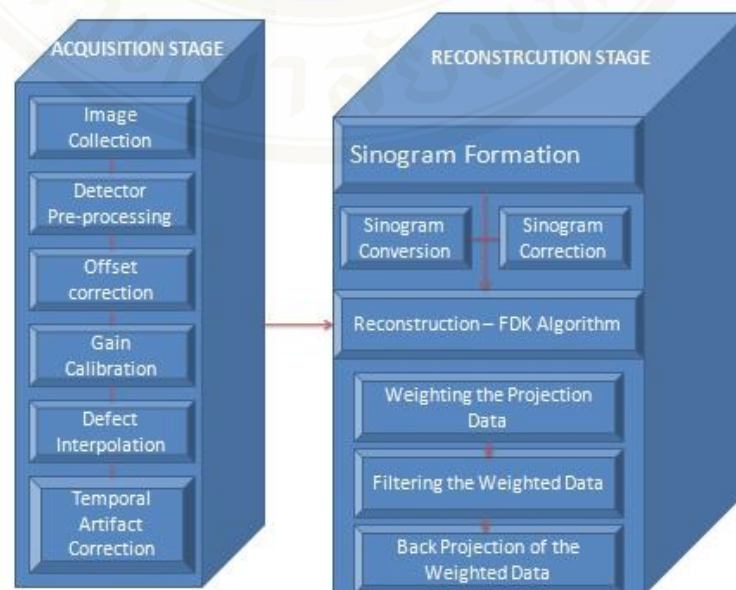


Fig. 2-6: Stages and Steps involved in reconstruction of acquired projection data to form volumetric data.

### **Advantages of CBCT in dentistry**

#### **1. Rapid scan time**

A single rotation of gantry similar to panoramic radiography is one of the major advantages. Because artifact from movement is reduced. It takes approximately 10-20 seconds.

#### **2. Beam limitation**

An optimal area can be selected for each patient based on suspected field of view (FOV) by collimation of the primary x-ray beam.

#### **3. Image accuracy**

Sub millimeter isotropic voxels resolution between 0.076 mm to 0.4 mm results in great resolution of secondary images (axial, sagittal, and coronal) and other reconstructions. Its precision of 1:1 ratio with accurate dimensional measurements (55) is enough for any clinical measurement in oral and maxillofacial applications, such as orthodontic analysis or implant site measurement.

#### **4. Reduced patient radiation dose**

Effective dose varies, depending on FOV selected and type of CBCT device. Comparing with multiples of a single panoramic dose, CBCT provides radiation dose of 4-15 times that of a panoramic radiograph (47, 48, 56, 57). Comparison with maxillofacial imaging by conventional CT, CBCT provides dose reduction up to 98% (28).

#### **5. Images demonstrating features**

Because images are performed by isotropic volumetric data sets with a personal computer, then we can get various interrelational images; secondary reconstructions (three orthogonal planes), magnification images with software measurement algorithms, multiplanar reformation or ray sum with distortion-free images, and 3D volume rendering.

### **Limitations of CBCT**

#### **1. Artifacts**

Reconstruction of CBCT images or volumetric data set are performed by gathering photons and convert them within area detector that consists of million detector units. Ideally every units receive the photons and convert them constantly.

But in reality, many obstacles such as coefficient of regression by object and airborne are the causes that make defect.

1.1 X-ray beam artifacts;

Beam hardening

1.1.1 Cupping artifact;

Distortion of metallic structures

1.1.2 Streaks and dark bands;

They can appear between 2 dense objects

1.2 Patient-related;

Patient motions

1.3 Scanner-related;

Problems in gathering photons of detector or poor calibration

1.4 Cone-beam-related

1.4.1 Partial volume averaging

1.4.2 Under sampling

1.4.3 Cone-beam effect

2. Image noise

Using an area detector contributes to image degradation or noise from nonlinear attenuation scattered radiation.

3. Poor soft tissue contrast

Reduction of radiation dose up to 98% to medical CT are the mainly cause of less contrast CBCT images. It decreases ability of CBCT to visualize the soft tissue structure.

### **Current dental application of CBCT**

1. Impactions
2. Inferior alveolar nerve location; pre-implant assessment
3. Airway studies for sleep apnea
4. Endodontic evaluation
5. Cephalometric and space analysis
6. Paranasal sinus evaluation
7. Jawbones lesion visualization

8. TMJ visualization
9. Trauma evaluation
10. Temporary anchorage devices evaluation
11. 3D virtual models
12. Other CAD/CAM devices
13. Periodontium evaluation



## **CHAPTER III**

### **MATERIALS AND METHODS**

#### **3.1 Study design**

This study was a prospective clinical trial, which mainly compared the accuracy of CBCT to panoramic radiographs in the ability for prediction of the exact relationship between inferior alveolar nerve and mandibular third molar that would intra-operatively be verified following surgical removal of those teeth.

#### **3.2 Study population**

The study population was composed of consecutive out patients of oral and maxillofacial surgery clinic, faculty of dentistry, Mahidol University, who were referred for surgical removal of impacted teeth with preoperative panoramic radiographs previously taken by oral and maxillofacial radiology clinic between June 2010 and February 2011. The patients whose panoramic radiographs showed mandibular third molar root superimposed with the inferior alveolar canal, and did not match with any exclusive criteria, were informed about this study in details. The patients who were interested and met the criterion of the study were recruited and required to sign the consent forms ethically approved by Institution Review Boards (IRB) of Mahidol University.

#### **3.3 Study site**

This study was done at the Faculty of Dentistry, Mahidol University, Bangkok, Thailand. All inclusive patients were sent to be evaluated both panoramic and CBCT radiographs at the oral and maxillofacial radiology clinic, then returned to oral and maxillofacial surgery clinic for removal of mandibular third molar.

### 3.4 Sample size

The sample was calculated by using the following formula for a single population.

$$n_0 = (Z_{\alpha})^2 PQ / (d)^2$$

Where:

P = associated probability value (0.32); From: The Prognostic value of panoramic radiography of inferior alveolar nerve damage after mandibular third molar removal: Retrospective study of 400 cases, Oral Surg Oral Med Oral Pathol Oral Radiol Endod 2009.

$$Q = 1 - P_0 (0.68)$$

$$d = 10\%$$

$$\alpha = 0.05/2$$

Therefore:

$$\begin{aligned} n_0 &= (1.96)^2(0.32)(0.68) / (0.1)^2 \\ &= 84 \end{aligned}$$

### 3.5 Inclusion criteria

All the patients that came to oral and maxillofacial surgery clinic for surgical removal of mandibular third molar and had one or more of the following of panoramic features suggested a close relationship of the mandibular third molar root to the inferior alveolar canal.

1. Interruption of the superior cortical line;

Immediately disappeared by the tooth structure. Cortical lines are the two radio-opaque lines that constitute the “roof” and “floor” of inferior alveolar canal.



Fig. 3-1: Interruption of the superior cortical line.

2. Darkening of the root;

Loss of density of the root; the root appears darker.

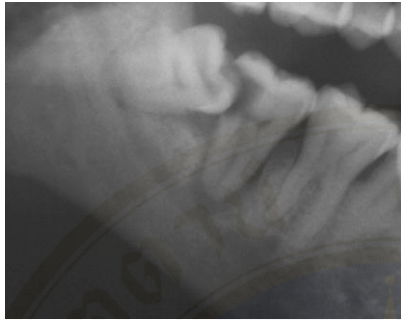


Fig. 3-2:Darkening of the root.

3. Diversion of the canal;

Inferior alveolar canal changes its direction, when it crosses the mandibular third molar.

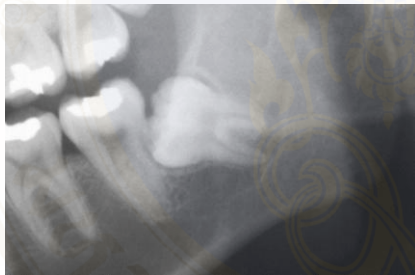


Fig. 3-3:Diversion of the canal.

4. Narrowing of the canal;

Inferior alveolar canal reduces its diameter, when it crosses the mandibular third molar.



Fig. 3-4:Narrowing of the canal.

5. Narrowing of the root;  
Perforation of the root by the inferior alveolar canal.



Fig. 3-5:Narrowing of the root.

6. Deflected root (Root hooked around the inferior alveolar canal);  
Abrupt deviation of the root, when it reaches the inferior alveolar canal.

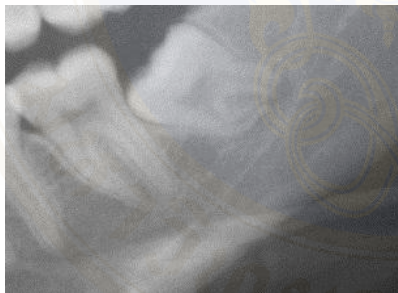


Fig. 3-6:Deflected root.

7. Dark and bifid root;  
Double periodontal membrane shadow of bifid apex, when the inferior alveolar canal crosses.



Fig. 3-7:Dark and bifid root.

8. Other signs that panoramic radiograph shows mandibular third molar root superimposed with the inferior alveolar canal.

### **3.6 Exclusion criteria**

Patients who reached one or more of exclusion criteria were excluded out of this study.

1. Patients who do not have additional CBCT
2. Patients who have neurological deficit prior to treatment
3. Patients whose neurovascular bundle cannot be identified after the surgery
4. Patients who cannot be follow up
5. Patients who is in pregnancy period

### **3.7 Research process**

First, oral surgeon (N.S. and B.A.) selected cases that could be recruited by screening all panoramic radiographs then forwarded the films of patients who participated to the study to the radiologists (K.S. and S.D.).

The patients whose panoramic radiographs showed the selected features and did not match with any exclusive criteria will be assigned to review patient information sheet of the project. If patient decided to have additional investigation; CBCT, the consent forms needed to be signed. After the radiologists finished CBCT and sent the data to oral surgeon, the standard procedure to remove mandibular third molar was proceeded. Neurovascular bundle exposure was identified immediately after the surgery finished by N.S. or B.A. On the day of 1st follow up, neurosensory test was done. In the case of nerve impairment, treatment protocol for nerve injury was applied. Neurosensory function of healing IAN would be periodically evaluated to 6 months healing time. Both panoramic radiographs and CBCT were done, examined, and analyzed by two oral radiologists independently.

### **3.8 Data collection and research instruments**

This study inspected 5 main areas:

1. Demographic data
2. Panoramic radiograph
3. CBCT
4. Intraoperative data
5. Postoperative neurosensory status

1. Demographic data

All age and gender of the patients in this study were recorded.

2. Panoramic radiographs

Conventional panoramic radiographs, Planmeca Proline XC were used in this study. All panoramic radiographs were analyzed by the two radiologists and collected of these following datas.

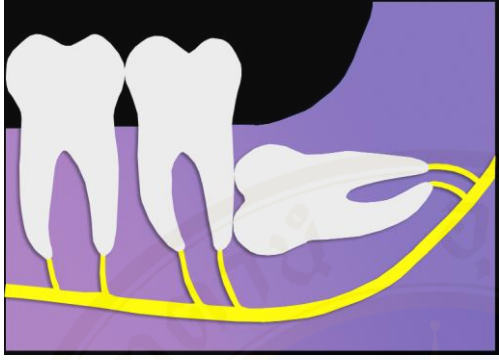
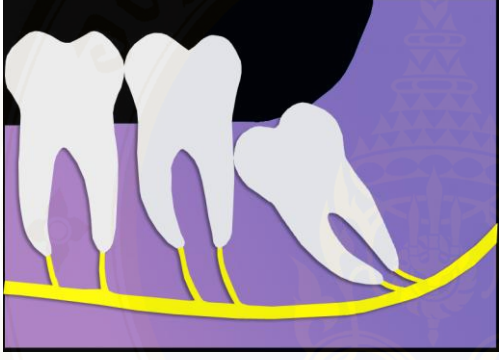

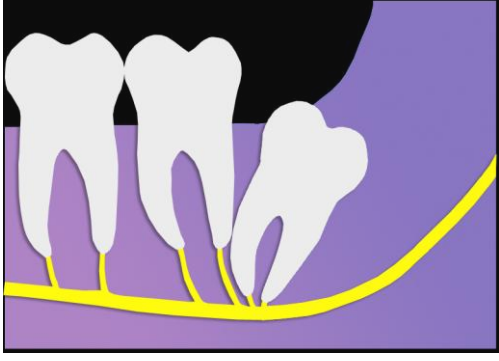
2.1 Pell-Gregory classification (58)

**Table. 3-1:**Pell-Gregory classification

	I	II	III
A			
B			
C			

2.2 Winter's classification

**Table. 3-2:** Winter's classification

	<p>Horizontal angulation</p>
	<p>Mesio-angulation</p>
	<p>Vertical angulation</p>
	<p>Disto-angulation</p>

2.3 Root curvatures (59)

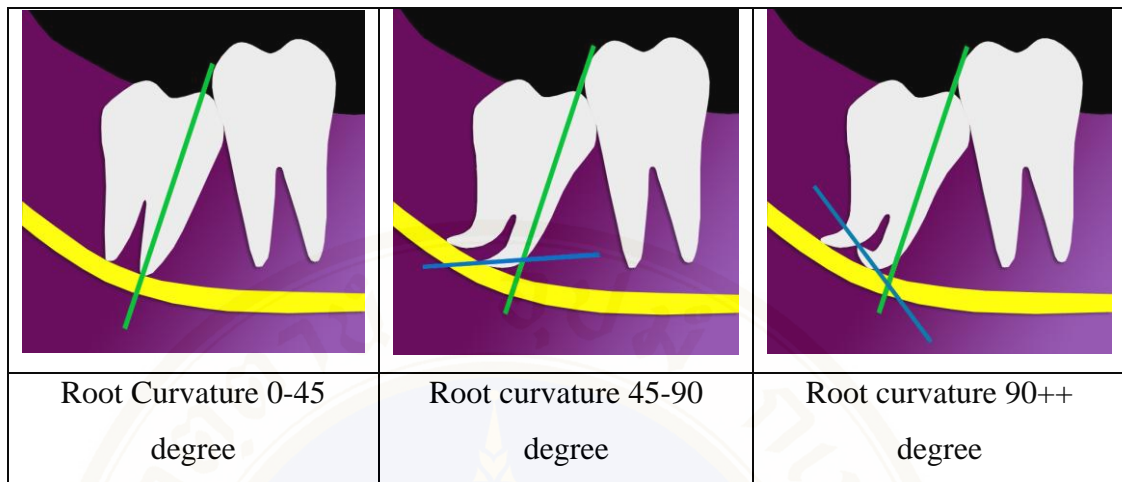


Fig. 3-8:Root curvature.

2.4 Extent of root tip - inferior alveolar canal overlaps (60)

Three groups were established based on the distance of the tooth to the IAC;

1. One or more of root apices locate inferiorly to inferior cortical line of IAC level
2. One or more of root apices superimpose with IAC more than half of the diameter or locate at inferior cortical line of IAC
3. One or more of root apices superimpose with IAC less than half of the diameter of IAC

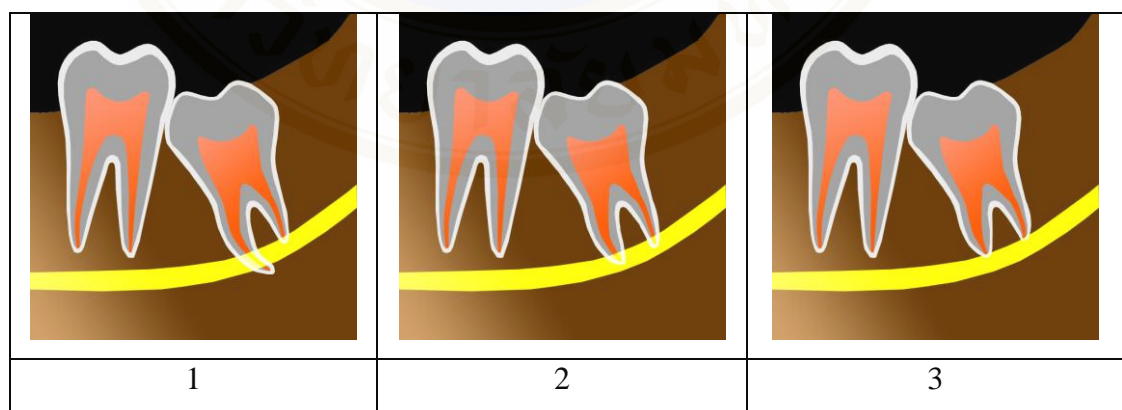


Fig. 3-9:Root extension.

### 2.5 The signs indicating close spatial relationship

The panoramic features that indicate close relationship has been well-described in many studies (11, 12). In this study, all panoramic features conform to the above inclusion criteria were collected. All 7 signs were evaluated in every panoramic radiograph and graded into 5 scale point as shown in table 3-3.

**Table. 3-3:**Panoramic radiograph data collection table

PANORAMIC	Rating Scale				
	Definitely present 5	Probably present 4	Uncertain 3	Probably absent 2	Definitely absent 1
Interruption of white line					
Darkening of root					
Diversion of canal					
Narrowing of root					
Narrowing of canal					
Deflection of root					
Dark and bifid apex					

Only 4 or 5 point were counted as a positive value to that feature and used for statistical analysis.

### 3. CBCT

3D Accuitomo (J. Morita Mfg. Corp.) was used for all patients in this study. Position of inferior alveolar canal compared to the root of mandibular third molar and the presence or absence of direct contact between the tooth root and the canal contents were three dimensionally evaluated and recorded as shown in table 3-4.

**Table. 3-4:**CBCT data collection table

Position of IAC compared to the root (coronal section)	Buccally	Inferiorly	Inter-radicularly	Lingually	Others
Minimum distance of IAC to the root	5	4	3	2	1

Position of inferior alveolar canal compared to the root of mandibular third molar was selected to be observed on coronal section of CBCT. Then distance between inferior alveolar canal and the root was three dimensionally evaluated for the minimum distance.

Only 4 or 5 point were counted as a direct contact which means positive value to that feature and used for statistical analysis.

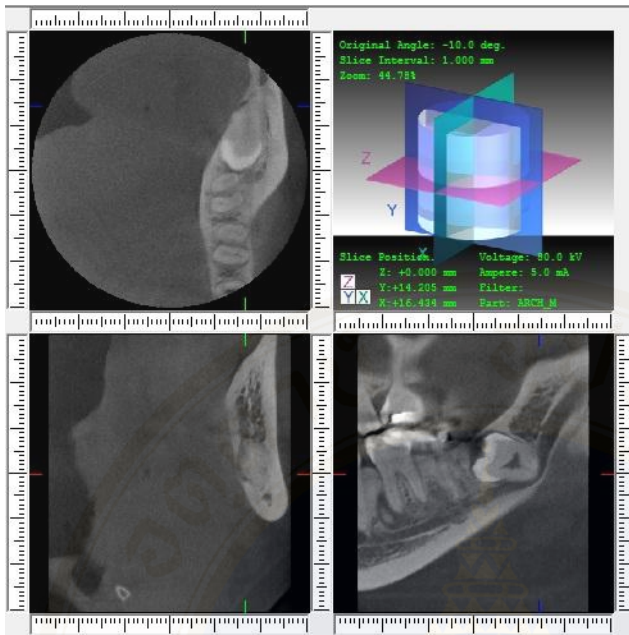


Fig. 3-10: This CBCT image shows #38 tooth impaction. In coronal view (lower left), inferior alveolar canal appearance is jammed to lingual plate by tooth root.

5 = inter-radicular or contact break with canal appearance changed

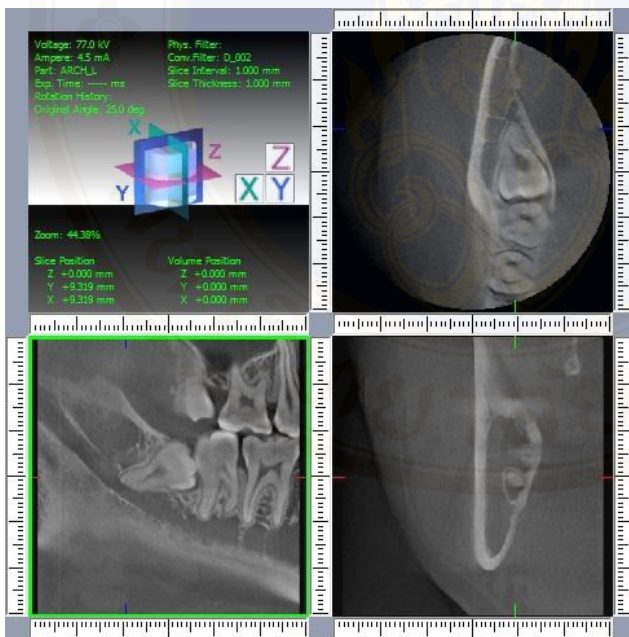


Fig. 3-11: This CBCT image shows #48 tooth impaction. In coronal view (lower right), inferior alveolar canal is attached to tooth root without cortication line between these two structures.

4 = contact break without canal appearance changed

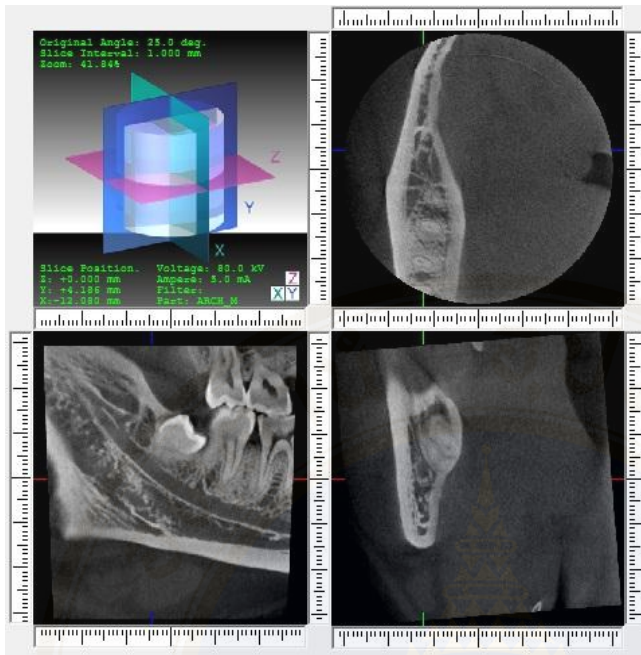


Fig. 3-12: This CBCT image shows #48 tooth impaction. In coronal view (lower right), inferior alveolar canal is attached to tooth root with thin cortication line between these two structures.

3 = contact with cortication

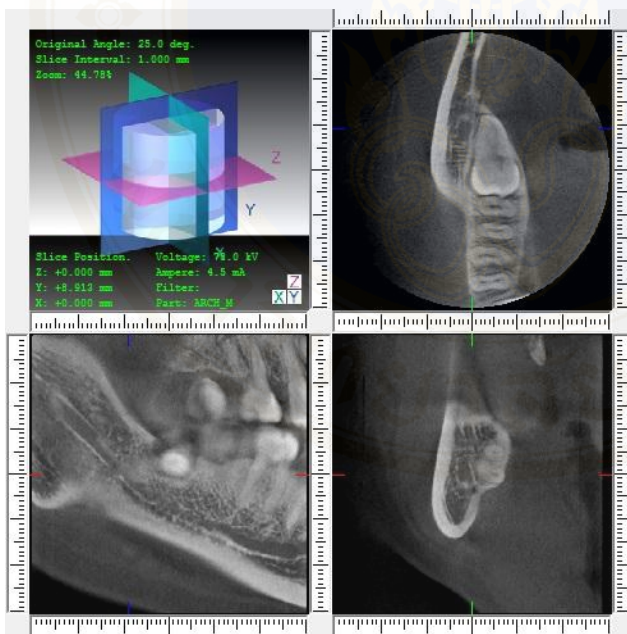


Fig. 3-13: This CBCT image shows #48 tooth impaction. In coronal view (lower right), inferior alveolar canal is attached to tooth root with cortication line thickness less than 1mm.

2 = cortication 0-1 mm

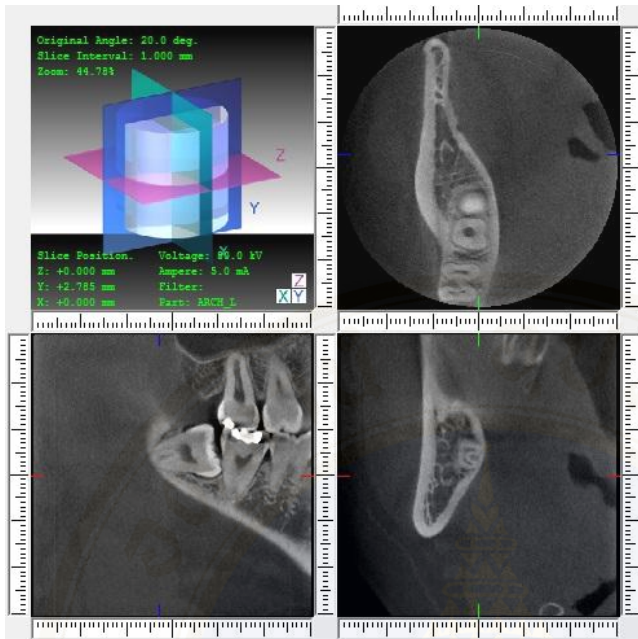


Fig. 3-14: This CBCT image shows #48 tooth impaction. In coronal view (lower right), inferior alveolar canal is attached to tooth root with cortication line thickness more than 1mm.

1 = cortication more than 1 mm

#### 4. Intraoperative data

All patients in this study underwent surgical removal of those analyzed teeth. The clinical data were used to confirm the result of radiographic images. Data were collected as showed.

Data Sheet

**General Information**  
 No. \_\_\_\_\_ (1-200)  
 Teeth \_\_\_\_\_

**Data**  
 Pre-Operative clinical evaluation Date \_\_\_\_\_ Y \_\_\_\_\_ N \_\_\_\_\_  
 Testing impingement of inferior alveolar nerve prior Operation Date \_\_\_\_\_ Y \_\_\_\_\_ N \_\_\_\_\_  
 Pre-Operative Panoramic Radiography Date \_\_\_\_\_ (NA / SA / YA / DA)  
 Class \_\_\_\_\_ (I / II / III)  
 Position \_\_\_\_\_ (A / B / C)  
 Root angulation \_\_\_\_\_ (less than 45° / 45-90° / more than 90°)  
 Radiological sign  
 1. Diversion of the canal      2. Narrowing of the canal      3. Isomorphism of the superior cortical line  
 4. Detached root                  5. Thickening of the root                  6. Other \_\_\_\_\_  
 Pre-Operative Cone-Beam Computed Tomography Date \_\_\_\_\_  
 Position of IAC compared to the root (coronal section) \_\_\_\_\_

**Operation Date** \_\_\_\_\_  
**Operator** \_\_\_\_\_  
**Premedication** \_\_\_\_\_  
 Sedation procedure (LA / LA with IV sedation) \_\_\_\_\_  
 Local anesthesia (2% Lidocaine / 4% Articaine / 2% Lidocaine (epi. 1:100k) / 2.00%) (maximum \_\_\_\_\_ ml)  
 Surgical procedure Buccal bone removal (Y / N) Teeth splitting \_\_\_\_\_ pieces Complete removal (Y / N)  
 Cure \_\_\_\_\_ stitches  
 Inferior alveolar nerve exploration (visual, vital) \_\_\_\_\_  
 Numbness \_\_\_\_\_  
 Medication \_\_\_\_\_  
 Testing impingement of inferior alveolar nerve after Operation Date \_\_\_\_\_ Y \_\_\_\_\_ N \_\_\_\_\_

1) \_\_\_\_\_  
 2) \_\_\_\_\_  
 3) \_\_\_\_\_  
 4) \_\_\_\_\_  
 5) \_\_\_\_\_

Sensory evaluation mapping

Fig. 3-15: Data sheet form. The circle shows collected intraoperative data.

### 5. Post-operative neurosensory status

All patients were asked about neurosensory status in the first follow up appointment or 7-10 post-operative days and data were recorded. In case of neurosensory deficit, further investigations were done as in Fig. 3-16 and recorded, then treated and followed up for 6 months period.

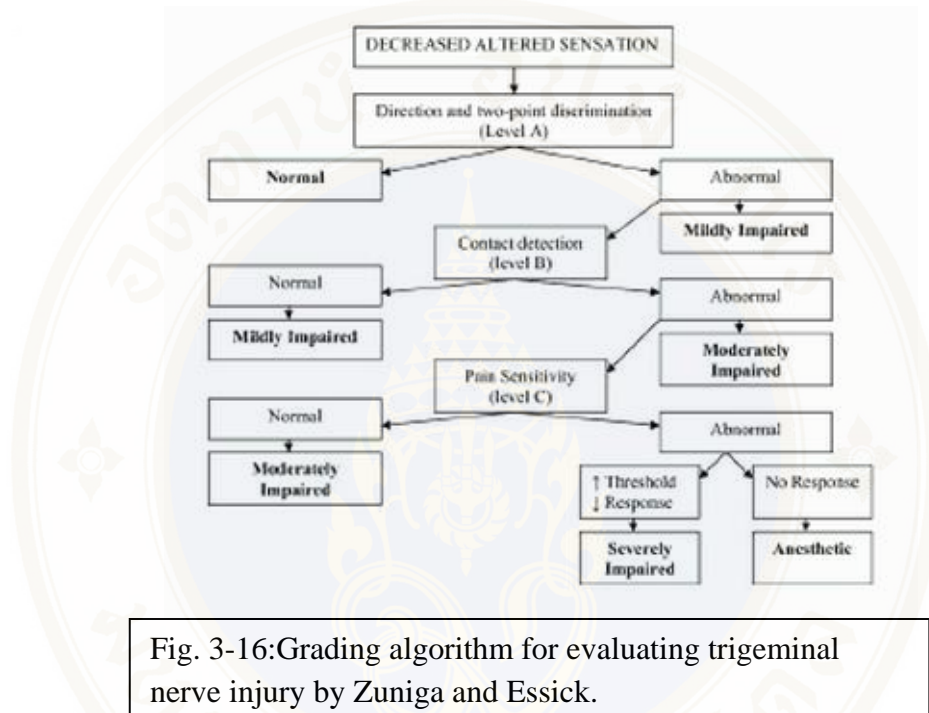


Fig. 3-16: Grading algorithm for evaluating trigeminal nerve injury by Zuniga and Essick.

Neurosensory examination by subjective evaluation were done in all cases, in cases of dysesthesia, mapping were also done before objective evaluation proceeded.

The mechanoreceptive testings, light touch and two-point discrimination were done and recorded. Then the nociceptive testings, pain and thermal, were followed and recorded.

Data Sheet

**General Information**  
 No. \_\_\_\_\_ (1-200)  
 Teeth \_\_\_\_\_

**Data**  
 Pre-Operative clinical evaluation Date \_\_\_\_\_  
 Testing impairment of inferior alveolar nerve prior Operation Date \_\_\_\_\_ Y N  
 Pre-Operative Panoramic Radiography Date \_\_\_\_\_  
 Angulation \_\_\_\_\_ (NA / MA / VA / DA)  
 Class \_\_\_\_\_ (I / II / III)  
 Position \_\_\_\_\_ (A / B / C)  
 Root angulation \_\_\_\_\_ (less than 45 / 45-90 / more than 90)  
 Radiological signs  
 1. Diversion of the canal 2. Dehiscence of the root 3. Interruption of the superior cortical line  
 4. Narrowing of the canal 5. Narrowing of the root  
 6. Detached root 7. Dark and blind root 8. Others \_\_\_\_\_

Pre-Operative Cone-Beam Computed Tomography Date \_\_\_\_\_  
 Position of IAC compared to the root (coronal section) \_\_\_\_\_

Operation Date \_\_\_\_\_  
 Operator \_\_\_\_\_  
 Pre-medication \_\_\_\_\_  
 Sedation procedure \_\_\_\_\_ (GA / LA with IV sedation)  
 Local anesthesia \_\_\_\_\_ (2% Lidocaine / 4% Articaine / 2% Lidocaine) (epic / 1:1000 / 1:2000)  
 (amount = \_\_\_\_\_ ml)  
 Surgical procedure Buccal bone removal (Y / N) Tooth splitting \_\_\_\_\_ pieces Complete removal (Y / N)  
 Gutter \_\_\_\_\_ stitches

Inferior alveolar nerve exploration (visible, size) \_\_\_\_\_  
 Neurosensory identification \_\_\_\_\_

Testing impairment of inferior alveolar nerve after Operation Date \_\_\_\_\_ Y N  
 1) \_\_\_\_\_  
 2) \_\_\_\_\_  
 3) \_\_\_\_\_  
 4) \_\_\_\_\_  
 5) \_\_\_\_\_

Sensory evaluation mapping

Fig. 3-17: Data sheet form. The circle shows collected postoperative neurosensory data.

### 3.9 Data analysis

The statistical analyses of all data were carried out with SPSS for windows version 16. The association of each variable with the neurovascular bundle exposure was tested by either Pearson Chi-Square test or Fisher’s Exact test, except age was tested by Mann-Whitney U test due to nonparametric variable. Sensitivity, specificity, positive predictive value (PPV), and negative predictive value (NPV) were calculated for each radiographic feature indicating a close relationship of the mandibular third molar root to the inferior alveolar canal. Univariate odds ratio of variables associated with neurovascular bundle exposure were also calculated.

All variables were introduced into multivariate logistic regression analysis, forward stepwise method to calculate for the significant signs. Statistical significance was accepted for p-value of <0.05 and 95% confidence intervals (CIs).

Inter-observer agreement was judged by Cohen Kappa statistic. A kappa value of <0.40 was considered poor, 0.40-0.59 was fair, 0.60-0.74 was good, and 0.75-1.00 was excellent agreement.

### **3.10 Limitation of study**

Our study had some limitations. First, screening panoramic radiographs to select cases that could be recruited by the oral surgeons before sending to the oral radiologists might have resulted in the selection bias. Another was the clinical findings of neurovascular bundle following the surgery that might be missed, even all surgical sites were carefully examined. Besides, the surgeons' experience were also might cause vary clinical outcome, even though the operations were performed by trained and experienced surgeons.

Some panoramic features (narrowing of root and dark/bifid apex) were not found in this study. Those variables might associate with outcome variable that need continuous study in the future to confirm this result.

### **3.11 Ethical consideration**

The study was done under the permission to conduct by Institutional Review Board, Mahidol University. The patients had right to withdraw at any time of the research for any reason and standard protocols were strictly done in every steps.

Only the patients, who were interested to join this study and signed the consent voluntarily, were recruited. All the information was given in native language.

## CHAPTER IV

### RESULTS

The study sample consisted of 84 impacted teeth from 58 patients (24 men and 34 women) with an average age of 27.64 years (from 17 to 59 years). Following of the mandibular third molar surgery, there were 29 impacted teeth (34.52%) of which the neurovascular bundle were exposed. In the first follow up appointment, 4 teeth (4 patients; 2 men 2 women) were found dysesthesia by both subjective and objective evaluation according to Zuniga and Essick algorithm. One patient has minimal improvement of paresthesia status at right side of lower lip and chin after 6 months post surgery, but the symptom is acceptable. Two patients recovered from the symptom within 3 months while the remaining one patient is improving satisfactorily.

The inter-observer agreement of panoramic radiographs assessment by the two oral radiologists was excellent, as the  $\kappa$ -value ranged from 0.863 (interruption of the superior cortical line) to 0.96 (darkening of the root). As the CBCT in assessment of contact relationship between the mandibular third molar root and the inferior alveolar canal on CBCT images was also excellent, as the  $\kappa$ -value of 0.76 (Table. 4-1). Because of these excellent agreements, the results were randomly achieved by the software to one, and introduced to statistical analysis.

The characteristics and incidence rates of variables compared to clinical outcome were shown in Table. 4-3.

The variable, gender, in this study was not calculated. While age, was not significantly associated to the neurovascular bundle exposure by Mann-Whitney U test.

The mandibular third molars that were mostly found in this study had Pell-Gregory classification in class I (73.81%) with position A (52.38%), Winter's classification in mesioangular (45.24%), root curvature less than 45 degrees (84.52%), and one or more of root apices superimpose with inferior alveolar canal more than half of the diameter or locate at inferior cortical line of inferior alveolar canal

(41.67%). The position category of Pell-Gregory classification was the only one variable showed significantly associated to neurovascular bundle exposure ( $p=0.049$ ).

As the determination of panoramic radiographic signs in 7 categories as shown in Table. 4-3, interruption of the superior cortical line was found mostly (65.48%), while narrowing of the root and dark/bifid root were not found.

Two signs from panoramic features have been found significant and associated by Pearson Chi-Square test to neurovascular bundle exposure, darkening of the root ( $p=0.009$ ) and narrowing of the canal ( $p=0.035$ ).

Five signs from panoramic features and CBCT interpretation of direct contact between tooth root and inferior alveolar canal were calculated for sensitivity, specificity, PPV, NPV, accuracy, and Odds Ratio. The sensitivities ranged from 17.24% to 100%, the specificities ranged from 38.18% to 92.73%. The PPVs groups were between 21.74% and 62.50%, the NPVs groups were between 60.66% to 100% (Table. 4-2).

As the CBCT, direct contact by no cortication between tooth root and inferior alveolar canal were significantly associated to neurovascular bundle exposure ( $p<0.001$ ). Three-fourth of patients found dysesthesia had inter-radicular relationship of inferior alveolar canal to the tooth root, and the last was lingual position in coronal view. All 4 cases were defined as paresthesia with “contact break with canal appearance changed”.

Multivariate logistic regression analysis was done by introducing all variables to the algorithm. The variables were rejected by statistic method and presented only darkening of the root and direct contact of tooth root to inferior alveolar canal in CBCT image to the model, only panoramic radiographic feature, darkening of the root showed a significant association with the clinical outcome, neurovascular bundle exposure after the mandibular third molar surgery ( $p=0.041$ ) with odds ratio of 0.181 (95% CI 0.035-0.933).

**Table. 4-1:**Inter-observer agreement

	K-value
Interruption of the superior cortical line	0.863
Darkening of the root	0.960
Diversion of the canal	0.941
Narrowing of the canal	0.891
Deflected root	0.938
CT interpretation	0.760

**Table. 4-2:**Sensitivity, specificity, PPV, NPV, accuracy and Univariate adjusted odds ratio.

	Sensitivity	Specificity	PPV	NPV	Accuracy (%)	Odds Ratio	95% CI
Interruption of the superior cortical line	72.41%	38.18%	38.18%	72.41%	50.00%	1.621	0.609-4.317
Darkening of the root	34.48%	89.09%	62.50%	72.06%	70.24%	4.298	1.371-13.471
Diversion of the canal	20.69%	92.73%	60.00%	68.92%	67.86%	3.326	0.856-12.927
Narrowing of the canal	48.28%	74.55%	50.00%	73.21%	65.48%	2.733	1.059-7.053
Deflected root	17.24%	67.27%	21.74%	60.66%	50.00%	0.428	0.140-1.307
CT interpretation	100.00%	58.18%	55.77%	100.00%	72.62%	-	-
PPV = positive predictive value							
NPV = negative predictive value							
CI = confidence interval							

**Table. 4-3:**Details of predictive variables

Variable		Neurovascular bundle exposure		No exposure		P value	Statistic Method
		%		%			
Age, years	Range		17-59		19-55		
	Mean, SD	27.88	10.44	27.47	8.543	0.667	MW**
Gender	Male	37.50	9	44.12	15		
	Female	62.50	15	55.88	19		
Pell-Gregory classification	I	65.52	19	78.18	43		
	II	34.48	10	21.82	12		
	III	0.00	0	0.00	0	0.209	C
	A	37.93	11	60.00	33		
	B	37.93	11	32.73	18		
	C	24.14	7	7.27	4	0.049*	C
Winter's classification	Horizontal	51.72	15	34.55	19		
	Mesioangular	44.83	13	45.45	25		
	Vertical	3.45	1	16.36	9		
	Distoangular	0.00	0	3.64	2	0.145	F
Root curvatures	less than 45	86.21	25	83.64	46		
	45-90	10.34	3	9.09	5		
	more than 90	3.45	1	7.27	4	0.899	F
Root - IAC superimposition	1	17.24	5	20.00	11		
	2	51.72	15	36.36	20		
	3	31.03	9	43.64	24	0.383	C
Panoramic radiographic sign	Interruption of the superior cortical line	72.41	21	61.82	34	0.331	C
	Darkening of the root	34.48	10	10.91	6	0.009*	C
	Diversion of the canal	20.69	6	7.27	4	0.087	F
	Narrowing of the canal	48.28	14	25.45	14	0.035*	C
	Narrowing of the root	0.00	0	0.00	0	N/A	
	Deflected root	17.24	5	32.73	18	0.130	C
	Dark and bifid root	0.00	0	0.00	0	N/A	
	Others	0.00	0	0.00	0	N/A	
Position of IAC compared to the root in CBCT	Buccally	6.90	2	45.45	25		
	Inferiorly	100.00	29	100.00	55		
	Lingually	65.52	19	16.36	9		
	Inter-radicularly	31.03	9	0.00	0		
	Others	0.00	0	0.00	0		
Minimum distance of IAC to the root in CBCT	1	0.00	0	1.82	1		
	2	0.00	0	16.36	9		
	3	0.00	0	40.00	22		
	4	27.59	8	25.45	14		
	5	72.41	21	16.36	9	<.001*	C
Neurovascular bundle exposure		34.52	29	65.48	55		
Neurosensory deficit		4.76	4	0.00	0		
MW is Mann-Whitney test	** due to Kolmogorov-Smirnov Z test rejected null hypothesis						
C is Pearson Chi-Square test							
F is Fisher's Exact test							
* is significant at the 0.05 level							

**Table. 4-4:**CT interpretation

**Crosstabulation**

Count	Neurovascular exposure		Total
	0	1	
CT 0	32	0	32
CT 1	23	29	52
Total	55	29	84

Sensitivity = 29/29  
 Specificity = 32/55  
 + Prediction Value = 29/52  
 - Prediction Value = 32/32

**Table. 4-5:**Interruption of the superior cortical line

**Crosstabulation**

Count	Neurovascular exposure		Total
	0	1	
Sign (1) 0	21	8	29
Sign (1) 1	34	21	55
Total	55	29	84

Sensitivity = 21/29  
 Specificity = 21/55  
 + Prediction Value = 21/ 55  
 - Prediction Value = 21/29

**Table. 4-6:**Darkening of the root

Count	Crosstabulation		
	Neurovascular exposure		Total
	0	1	
Sign (2) 0	49	19	68
1	6	10	16
Total	55	29	84

Sensitivity = 10/29  
 Specificity = 49/55  
 + Prediction Value = 10/ 16  
 - Prediction Value = 49/68

**Table. 4-7:**Diversion of the canal

Count	Crosstabulation		
	Neurovascular exposure		Total
	0	1	
Sign (3) 0	51	23	74
1	4	6	10
Total	55	29	84

Sensitivity = 6/29  
 Specificity = 51/55  
 + Prediction Value = 6/ 10  
 - Prediction Value = 51/74

**Table. 4-8:**Narrowing of the canal

Count	Crosstabulation		
	Neurovascular exposure		Total
	0	1	
Sign (5) 0	41	15	56
1	14	14	28
Total	55	29	84

Sensitivity = 14/29  
 Specificity = 41/55  
 + Prediction Value = 14/28  
 - Prediction Value = 41/56

**Table. 4-9:**Deflected root

Count	Crosstabulation		
	Neurovascular exposure		Total
	0	1	
Sign (6) 0	37	24	61
1	18	5	23
Total	55	29	84

Sensitivity = 5/29  
 Specificity = 37/55  
 + Prediction Value = 5/23  
 - Prediction Value = 37/61

**Table. 4-10:**Multivariate logistic regression analysis.

**Classification Table<sup>a</sup>**

Observed			Predicted		
			N. expose		Percentage Correct
			0	1	
Step 1	N. expose	0	32	23	58.2
		1	0	29	100.0
	Overall Percentage				72.6
Step 2	N. expose	0	53	2	96.4
		1	19	10	34.5
	Overall Percentage				75.0

a. The cut value is .500

**Variables in the Equation**

	B	S.E.	Wald	df	Sig.	Exp(B)	95.0% C.I. for EXP(B)	
							Lower	Upper
Step 1 <sup>a</sup> rootconfig.s(1)	-21.435	7.105E3	.000	1	.998	.000	.000	.
Constant	.232	.279	.689	1	.406	1.261		
Step 2 <sup>b</sup> c2s(1)	-1.710	.837	4.173	1	.041	.181	.035	.933
rootconfig.s(1)	-21.496	6.912E3	.000	1	.998	.000	.000	.
Constant	1.609	.775	4.317	1	.038	5.000		

a. Variable(s) entered on step 1: rootconfig.s.

b. Variable(s) entered on step 2: c2s.

## CHAPTER V

### DISCUSSION

In Thailand, cone beam computed tomography (CBCT) or dental CT is still a new modalities and not accessible for all facilities, in addition, the cost has to be considered for the expense of patients. The case selection for this kind of investigation has to be worthy and gives the useful information to decrease risks of postoperative mandibular third molar surgery complications. Even CT and CBCT in many studies (28, 60, 61, 62, 63, 64, 65, 66) showed many advantages, some cases may not require CBCT investigation. A routine examination such as intraoral radiography or panoramic radiography, can give preoperative information in almost of the cases, especially if there is no superimposition of the tooth roots and inferior alveolar canal (26).

Panoramic radiograph is now a standard diagnostic tool for all patients who come to assess any pathologies in addition the clinical examination require more detail involving hard tissue such as impacted teeth, tumors, cysts, etc. Therefore, panoramic radiograph is the most suitable for preoperative assessment of mandibular third molars in detail for size and shape of that teeth as well as the angulation according to Winter's classification, the class and position according to Pell-Gregory classification in sagittal plane,. The number and shape of the roots as well as their stage of development are also of interest, including the most important feature is their relationship with the mandibular canal.

Although panoramic radiograph can be used as a screening image for predicting the risk of nerve injury, indicate the high risk of IAN injury. In these cases it cannot provide the accurate position of two structures; the mandibular third molar and the inferior alveolar canal, what the relationship of these are. The IAC may be on buccally, lingually, or interradiarily to the tooth root and showed up in panoramic radiograph with superimposition of mandibular third molar and inferior alveolar canal. The patient may risk neurovascular bundle exposure/injury. The limitations of plain film imaging are well discussed (26, 27, 59).

In this study, data in 5 categories were collected: demographic data (gender, age), panoramic radiograph data, CBCT data, intraoperative data, and postoperative neurosensory status data. 58.62% of patients were women. 44.12% of those found neurovascular bundle exposed and 13.33% of that exposed faced to neurosensory deficit, implied to injury. However, gender variable was not calculated and should be evaluated in another context considered in gender by controlling others variables.

Many studies have found age has direct variation to inferior alveolar nerve injury (13, 69, 70), while some others did not detect the relationship (9). This study shows age and neurovascular bundle exposure were not significantly associated.

The signs of panoramic radiograph that indicated a high risk of neurovascular bundle exposure or inferior alveolar nerve injury following mandibular third molar removal have been shown in many clinical studies (11, 12, 59, 62, 64, 67, 68). Our study also shows some panoramic signs have significantly associated to neurovascular bundle exposure, darkening of the root and narrowing of the canal. In most cases, the panoramic radiograph signs are detected more than a single. It is possible that those signs may correlate with each others. Multivariate logistic regression was performed to gain the radiographic sign(s) that significantly associate with outcome. The result shows darkening of the root was the only one. Similar with other studies, the darkening of the root is the strongest sign in predicting outcome whatever neurovascular bundle exposure (64) or inferior alveolar nerve injury (15, 71). As many studies also detected darkening of the root was one of the significantly associated signs in their reports (9, 11, 12, 67). Kipp DP et al. reported a significant relationship between darkening of the root and inferior alveolar nerve injury, also with Rood JP et al. showed interruption of the superior cortical line, darkening of the root, and diversion of the canal are the signs related to nerve injury according to both retrospective and prospective surveys, same as Blaeser BF et al. found in their retrospective case-control study. Sedaghatfar M et al. found the same result with Rood JP plus narrowing of the root.

Consideration of the panoramic signs as independent variables, darkening of the root and narrowing of the canal significantly associate with neurovascular bundle exposure. This result were confirmed by Univariate odds ratios found these

variables does not contain value “1.00” in 95% CI which means they associated to outcome and the prediction power are 4.298 and 2.733 times to normal probability finding neurovascular bundle exposure, respectively when these signs are present.

Another categories of panoramic radiographs: Pell-Gregory classification, Winter’s classification, root curvature, and the level of tooth root superimposition, the position showed significantly associate to neurovascular bundle exposure. The correlation seems to be presumably. The deeper position usually need more bone reduction with more manipulations near the nerve position that may produce large window for direct vision using headlight to detect clinical outcome.

To compare the accuracy of panoramic radiograph and CBCT, CBCT has minimal superior accuracy (72.62%) to panoramic prediction ranged from 50.00% to 70.24%. It failed to measure significant difference, due to the high sensitivity of CBCT interpretation but low specification (58.18%). The interesting of CBCT is that the clinical outcome was 100% prediction as negative when the CBCT showed cortication between the tooth root and inferior alveolar canal, which means the presentation of cortication between the two structures implies there is no or minimal chance for neurovascular bundle exposure as well as nerve injury. Whereas the absence of cortication in CBCT images even with other predictor variables are not a reliable of possible outcome (12, 62, 69).

The predictive values are another one important indicators. They represent positive result indicates outcome or negative result that does not reach outcome, neurovascular bundle exposure or nerve injury. PPV in this study is the probability that neurovascular bundle exposure will occur when a marked sign is present, and NPV is the probability that clinical outcome will not occur when a marked sign is absent. Darkening of the root, the only significant sign in our study showed PPV of 62.50% and NPV of 72.06% with sensitivity of 34.48% and specificity of 89.09%. It has possibility that if our case members are higher, diversion of the canal that showed PPV of 60.00% and NPV of 68.92% with sensitivity of 20.69% and specificity of 92.73% may be significant.

Patients with paresthesia were found 4 cases in this study. Three-fourth of patients found dysesthesia had interradicular relationship of inferior alveolar canal to the tooth root, and the last was lingual position in coronal view. All 4 cases was

confirmed as neurovascular bundle exposure those exposed area were similar to contact break area found in CBCT images.

The inter-observer agreement showed excellent agreement, because of well-calibrated agreement of judge prior evaluation of images.



## CHAPTER VI

### CONCLUSION

Widely used standard diagnostic image for preoperative evaluation of third molar surgery has always be panoramic radiograph an important procedure to assess the position, and establish the relationship between the third molar and the vital surrounding structures, inferior alveolar nerve. The importance of the latter issue is for prevention of surgical complication such as neurosensory disturbance. The incidence of this condition may be related to unavoidable condition for instances, proximity of the tooth to the inferior alveolar canal, angulation of the impacted teeth, and root configuration. In our study CBCT was selected as for comparable preoperative image when indicated Rood's signs of nerve approximation detected on panoramic radiograph.

Two signs from panoramic features have been found significant and associated to neurovascular bundle exposure, darkening of the root and narrowing of the canal whereas for CBCT, direct contact by no cortication between tooth root and inferior alveolar canal were significantly associated to neurovascular bundle exposure ( $p < 0.001$ ). Multivariate logistic regression analysis presented only darkening of the root and direct contact of tooth root to inferior alveolar canal in CBCT image with significant association with the clinical outcome, neurovascular bundle exposure. Although CBCT showed high sensitivity of interpretation but low specification, CBCT has some superior accuracy to panoramic radiograph and the clinical outcome was 100% prediction as negative when the CBCT showed cortication between the tooth root and inferior alveolar canal. Although the CBCT image was not more accurate than panoramic radiograph in predicting neurovascular bundle exposure, its valuable for 3D relationship take an advantage of revealing a bucco-lingual position of IAC to mandibular third molar, that surgeon can appreciate for detailed planning of how to conduct the operation and the possible complications can be aware and conscious by both patient and surgeon.

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